



SRIVIDYA JNANA PEETHAM
(A Subsidiary of Soundarya Lahari Trust)

Runa Pasupata Rudrabhishek Puja

Sreematre namaha

Sree gurubhyo namaha

1. meditation

In case of Guru Mantra Deeksha the Guru Mantra should be recited twice, if not the following Shloka must be recited twice, either with Guru Mudra or Namaskara Mudra.

Gururbrahma, Gururvishnuh, Gururdevo Maheshwarah,
Gurussakshat Parabrahma, Tasmaiom Sri Gurave Namah.

2. Ganapati meditation

In case of Ganapati Mantra Deeksha, Ganapati Mantra should be recited four times, if not, the following sloka must be recited once with Namaskara Mudra.

Shuklambaradharam Vishnum, Sashivarnam chaturbhujam,
Prasanna vadanam dhyayet, sarva vighnopasantaye.

3. Achamana

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time taking water in without touching the upper lip.

Aim Atma Tatvaya Swaha
Klim Vidya Tatvaya Swaha
Sauh Shiva Tatvaya Swaha

Now while reciting the following mantra, pour water in the right hand and drop into a plate through the space between the middle finger and ring finger.

Aim klim sauh sarva tatvebhyah svaha

4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (**Om bhurbhuvassuvah tatsa vithurvarenyam, bhargo devasya dhimahi, dhiyoyonah prachodayat**).

Close the right nostril with the right thumb, hold the breath and chant the **Gayatri mantra twice**.

Open the left nostril and exhale through it, chanting the **Gayatri Mantra once**.

Finally, after completely expelling the air, chant the **Gayatri Mantra once**, holding the breath (without inhaling or exhaling).

Repeat the above process by inhaling again through the left nostril. It is a pranayama. If you do this three times for few years, you will get a dynamic divine body according to the Shastras.

5. Sankalpa

Take Akshata mixed with turmeric in the right hand, close the fist, place the right fist on the left palm, keep both of them together on the right thigh and chant the following sankalpa:

Mama Upatta Samastha Durita Kshaya Dwara, Sri Parameshwara Anugrahena, Sakal Runa Badha Nivritti Dwara, Manosanti Sahita Sarvatomukha Abhivruddhi Siddhyartham, Runa Pasupata

Samputikrita Rudra Namaka Chamaka Sahitya Rudrabhisheka Pujam Karishye.

After chanting the above mantra, Akshats mentioned above should be dropped into a plate along with water.

Shodashopacharas:

1. meditation

Taking akshatas in right hand,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha”, one should place Akshatas on Shivalinga.

2. invocation

Taking akshatas in right hand,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ” one should place Akshatas on top of Shivalinga.

3. asana

Carrying white flowers in right hand,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, flowers should be offered at the lower part of the Shivalinga.

4. Padyam

Feeling that Ishvara's feet are being washed,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, water should be sprinkled on Shivalinga with flower.

5. Argh Yam

Feeling that Ishwara's hands are being washed,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, water should be sprinkled with flower on the Shiva lingam.

6. Achamana

Thinking of drinking water for Ishvara,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, you should show it to the Shivalinga and drink that water.

7. bath

Feeling like Ishvara is being bathed,

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, one should bathe on the Shiva lingam, sprinkling water or Panchamrita with flower.

Then one should continue abhishekam with sugarcane juice while reciting the samputikruta Rudra Pashupatam.



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RUNA PASUPATHAM

Anruna Asmin Anrunah Parasmigg Ntrtiye Loke Anruna Shyama
Ye devayana uta pitruyana sarvanpadho anruna akshiyemah
namástē rudra maṇyavā utōṭa īśāvē namáḥ ।

namástē astu dhanvánē bāhubhyāṁuta tē namáḥ ॥

yā ta īśu-śśīvatāmā śīva-mbābhūvā tē dhanuḥ ।

śīvā śāravyā yā tavā tayā nō rudra mṛdaya ।

yā tē rudra śīvā taṇūraghōrā-'pāpakāśinī ।

tayā nastānuvā śantāmayā giriśantābhichākaśīhi ॥

yāmiśu-ṅgiriśanta hastē bibharsyastāvē ।

śīvā-ṅgiritra tā-ṅkūru mā hiḡmsīḥ puruṣa-ñjagati ।

śīvēṇa vachāsā tvā giriśāchChā vadāmasi ।

yathā na-ssarvaṁijagādayakṣmagṁ sūmanā asāt ॥

adhyāvōchadadhivaktā prāthamō daivyō bhīṣak ।

ahīḡścha sarvāmjaṁbhayan-thsarvāścha yātudhānyāḥ ॥

asau yastāmrō aruṇa uta bābhruṣṣumāṅgalāḥ ।

yē chēmāgṁ rudrā abhitō dīkṣu śrītā-śśāhasraśō-'vaiśāgṁ hēḍā īmahē ॥

asau yō-'vasarpātī nīlāgrīvō vilōhitāḥ ।

utainā-ṅgōpā ādrīśānnadīśannudahāryāḥ ।

utaināṁ viśvā bhūtāni sa dīṣṭō mṛdayāti naḥ ॥

namō astu nīlāgrīvāya sahasrākṣāyā mīdhuṣē ।

athō yē āsyā satvānō-'ha-ntēbhyō-'karāṇnamāḥ ॥

pramūñcha dhanvāṇastvamubhayōrārtni yōrjyām ।

yāśchā tē hastā īśavaḥ parā tā bhāgavō vapa ॥

avātatyā dhanustvagṁ sahasrākṣa śatēśudhē ।

nīśīryā śālyānā-mmukhā śīvō nā-ssūmanā bhava ॥

vijyā-ndhanuḥ kapardinō viśālyō bāṇāvāgṁ uta ।

anēśannasyēśāva ābhurāsya niṣāṅgathiḥ ॥

yā tē hētirmīḍuṣṭamā hastē bābhūvā tē dhanuḥ ।

tayā-'smān, viśvatāstvamāyākṣmayā paribbhujā ॥

namástē āstvāyūdhāyānātātāya dhṛṣṇavē ।

ubhābhyāṁuta tē namō bāhubhyā-ntavā dhanvánē ॥

pari tē dhanvánō hētiraśmān vīṇaktu viśvatāḥ ।

athō ya īśudhistavāre āsmannidhēḥi tam ॥ 1 ॥

śambhāvē namáḥ । namástē astu bhagavan-viśvēśvārāyā mahādēvāyā tryambakāyā



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tripurāntakāyā trikāgnikālāyā kālāgnirudrāyā nīlakaṇṭhāyā mṛtyuñjāyā sarvēśvarāyā sadāśivāyā
[śaṅkṛāyā] śrīma-nmahādēvāyā namāḥ ||

Anruna Asmin Anrunah Parasmigg Ntrtiye Loke Anruna Shyama
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namō hirāṇya bāhavē sēnānyē dīśā-ñchā patāyē namō
namō vṛkṣēbhyō harikēśēbhyaḥ paśūnā-mpatāyē namō
namā-ssapīñjārāyā tviṣīmatē pathīnā-mpatāyē namō
namō babhṛuśāyā vivyādhinē-'nnānā-mpatāyē namō
namō harikēśāyōpavītinē puṣṭānā-mpatāyē namō
namō bhāvasyā hētyai jagatā-mpatāyē namō
namō rudrāyātātāvinē kṣētrānā-mpatāyē namō
namāssūtāyāhāntāyā vanānā-mpatāyē namō
namō rōhitāyā sthāpatāyē vṛkṣānā-mpatāyē namō
namō mantrinē vāñijāyā kakṣānā-mpatāyē namō
namō bhuvāntayē vārivaskṛtā-yauśadhīnā-mpatāyē namō
namā uḥchairghōśāyākrāṇḍayātē pattīnā-mpatāyē namō
namāḥ kṛtsnavītāyā dhāvātē sattvānā-mpatāyē namāḥ || 2 ||

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namā-ssahāmānāyā nivvādhinā āvyādhinīnā-mpatāyē namō
namāḥ kakubhāyā niṣaṅgiṇē stēnānā-mpatāyē namō
namō niṣaṅgiṇā īsudhīmatē taskārānā-mpatāyē namō
namō vañchātē parivañchātē stāyūnā-mpatāyē namō
namō nichēravē parichāyārānyānā-mpatāyē namō
namā-ssrkāvibhyō jighāḡmsadbhyō muṣṇatā-mpatāyē namō
namō-'sīmadbhyō naktāñcharādbhyaḥ prakṛtānā-mpatāyē namō
namā uṣṇīṣiṇē girichāyā kulūñchānā-mpatāyē namō
namā īṣūmadbhyō dhanvāvibhyaścha vō namō
namā ātan-vānēbhyaḥ pratīdadhānēbhyaścha vō namō
namā āyachChādbhyō visrjadbhyaścha vō namō
namō-'ssādbhyō vidyādbhyaścha vō namō
namā āsīnēbhya-śśayānēbhyaścha vō namō
namā-ssvāpadbhyō jāgrādbhyaścha vō namō
namāstīṣṭhādbhyō dhāvādbhyaścha vō namō
namā-ssābhābhya-śśābhāpātibhyaścha vō namō
namō āśvēbhya-śśvāpatibhyaścha vō namāḥ || 3 ||

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namā āvyādhinībhyō vīvidhyāntībhyāścha vō namō
namā ugānābhyāstrgṃ-ḥatībhyāścha vō namō
namō gr̥tsēbhyō gr̥tsapātībhyāścha vō namō
namō vrātēbhyō vrātāpatībhyāścha vō namō
namō gaṇēbhyō gaṇapātībhyāścha vō namō
namō virūpēbhyō vīśvarūpēbhyāścha vō namō
namō mahāadbhyaḥ, kṣullākēbhyāścha vō namō
namō rāthibhyō-'rāthēbhyāścha vō namō
namō rathēbhyō rathāpatībhyāścha vō namō
nama-ssēnābhyā-ssēnānībhyāścha vō namō
namāḥ, kṣātr̥bhyā-ssaṅgrahītr̥bhyāścha vō namō
namāstakṣābhyō rathakārēbhyāścha vō namō
namāḥ kulālēbhyāḥ karmārēbhyāścha vō namō
namāḥ puñjīṣṭēbhyō niṣāḍēbhyāścha vō namō
namā īṣukr̥dbhyō dhanvākṛdbhyāścha vō namō
namō mrgayubhyā-śśvaṇībhyāścha vō namō
namā-śśvabhyā-śśvapātībhyāścha vō namāḥ || 4 ||

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namō bhāvāyā cha rūdrāyā cha
namā-śśārvāyā cha paśūpatāyē cha
namō nīlāgrīvāyā cha śīṭikanṭhāyā cha
namāḥ kapardinē cha vyūptakēśāyā cha
namā-ssahasrākṣāyā cha śāṭadhānvanē cha
namō giriśāyā cha śīpiviṣṭāyā cha
namō mīḍhuṣṭāmāyā chēśūmatē cha
namō hr̥asvāyā cha vāmaṇāyā cha
namō br̥hātē cha varṣīyasē cha
namō vṛddhāyā cha saṃvṛdhvānē cha
namō agriyāyā cha prathamāyā cha
namā āśavē chājīrāyā cha
namā-śśīghriyāyā cha śībhyāyā cha
namā ūrmyāyā chāvasvanyāyā cha
namā-ssrōṭasyāyā cha dvīpyāyā cha || 5 ||

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namō jyēṣṭhāyā cha kaniṣṭhāyā cha
namāḥ pūrvajāyā chāparajāyā cha
namō madhyamāyā chāpagalbhāyā cha
namō jaghanyāyā cha budhniyāyā cha
namā-ssōbhyāyā cha pratisṛyāyā cha
namō yāmyāyā cha kṣēmyāyā cha



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namā urvāyāya cha khalyāya cha
namā-śślōkyāya chā-'vasānyāya cha
namō vanyāya cha kakṣyāya cha
namā-śśrāvāya cha pratiśrāvāya cha
namā āśusēṇāya chāśurāthāya cha
namā-śśūrāya chāvabhindatē cha
namō varminē cha varūdhinē cha
namō bīlminē cha kavāchinē cha
namā-śśrūtāya cha śrutasēnāya cha ॥ 6 ॥

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namō dundubhyāya chāhananyāya cha
namō dhr̥ṣṇavē cha pramṛśāya cha
namō dūtāya cha prahitāya cha
namō niṣaṅginē chēśudhimatē cha
namāstīkṣṇēśāvē chāyudhinē cha
namā-ssvāyudhāya cha sudhanvānē cha
namā-ssrutyāya cha pathyāya cha
namāḥ kātyāya cha nīpyāya cha
namā-ssūdyāya cha sarāsyāya cha
namō nādyāya cha vaiśantāya cha
namāḥ kūpyāya chāvāṣyāya cha
namō varṣyāya chāvāṣyāya cha
namō mēghyāya cha vidyūtyāya cha
nama īdhriyāya chātāpyāya cha
namō vātyāya cha rēṣmiyāya cha
namō vāstavyāya cha vāstupāya cha ॥ 7 ॥

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namā-ssōmāya cha rūdrāya cha
namāstāmrāya chārūṇāya cha
namā-śśaṅgāya cha paśūpatāyē cha
namā ugrāya cha bhīmāya cha
namō agrēvādhāya cha dūrēvādhāya cha
namō hantṛē cha hanīyasē cha
namō vṛkṣēbhyō harikēśēbhyō
namāstārāya
namāśśāmbhavē cha mayōbhavē cha
namā-śśaṅkarāya cha mayaskarāya cha
namā-śśīvāya cha śivatārāya cha
namāstīrthyāya cha kūlyāya cha
namāḥ pāryāya chāvāryāya cha
namāḥ pratarāṇāya chōttarāṇāya cha



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namā ātāryāya chālādyāya cha
namā-śśaṣpyāya cha phēnyāya cha
namā-ssikātyāya cha pravāhyāya cha ॥ 8 ॥

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namā iriṇyāya cha prapāthyāya cha
namāḥ kiṁśīlāyā cha kṣayāṇāya cha
namāḥ kapārdinē cha pulāstayē cha
namō gōṣṭhyāya cha grhyāya cha
namāstalpyāya cha gēhyāya cha
namāḥ kātyāya cha gahvarēṣṭhāya cha
namō hradāyyāya cha nivēṣpyāya cha
namāḥ pāgṁ ṣavyāya cha rāṣyāya cha
namā-śśuṣkyāya cha harītyāya cha
namō lōpyāya chōlāpyāya cha
namā ūrvyāya cha sūrmīyāya cha
namāḥ pāṇyāya cha parṇaśādyāya cha
namō-'paguramāṇāya chābhīgnatē cha
namā ākhkhidatē cha prakkhidatē cha
namō vaḥ kirīkēbhyō dēvānāgm hradāyēbhyō
namō vikṣīṇakēbhyō namō vichinvatkēbhyō
namā ānir hātēbhyō namā āmīvatkēbhyāḥ ॥ 9 ॥

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drāpē andhāspatē daridrānnīlālōhita ।
ēṣā-mpurūṣāṇāmēṣā-mpāsūnā-mmā bhērmā-'rō mō ēṣā-ṇkiñchānāmāmat ।
yā tē rudra śīvā tanū-śśīvā viśvābhēṣajī ।
śīvā rūdrasyā bhēṣajī tayā nō mṛḍa jīvasē ॥
jīmāgṁ rūdrāya tavaśē kapārdinē kṣayadvīrāya prabhārāmahē matim ।
yathā nāśśamasaddvipadē chatuṣpadē viśvā-mpuṣṭa-ṇgrāmē āsminnanāturam ।
mṛḍā nō rudrōta nō mayāskṛdhi kṣayadvīrāya namāsā vidhēma tē ।
yachCha-ñcha yōschā manūrāyajē pītā tadāśyāma tava rudra praṇītau ।
mā nō māhāntāmūta mā nō arbhaka-mmā na ukṣāntāmūta mā nā ukṣitam ।
mā nō-'vadhīḥ pītara-mmōta mātarā-mpriyā mā nāstanuvō rudra rīriṣaḥ ।
mā nāstōkē tanāyē mā na āyūṣi mā nō gōṣu mā nō aśvēṣu rīriṣaḥ ।
vīrānmā nō rudra bhāmītō-'vadhīrhaṇviṣmarītō namāsā vidhēma tē ।



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ārāttē gōghna uta pūruṣāghnē kṣayadvīrāya sūmnamāsmē tē astu ।
rakṣā cha nō adhi cha dēva brūhyathā cha na-śśarmā yachCha dvībarhāḥ ।
stūhi śrūta-ṅgārtasadaṃ yuvāna-mmṛganna bhīmamūpahantumugram ।
mr̥dā jāritrē rūdra stavānō anyantē āsmannivāpantu sēnāḥ ।
pariṇō rudyasyā hētirvīṇaktu pari tvēṣasyā durmati rāghāyōḥ ।
avā sthīrā māghavādbhya-stanuṣvā mīḍhvāstōkāya tanāyāya mr̥daya ।
mīḍhūṣṭama śivātama śivō nā-ssumanā bhava ।
paramē vṛkṣa āyūdhanīdhāya kṛttim vasāṇa āchāra pināka-mbibhṛadāgāhi ।
vikiridā vilōhitā namāstē astu bhagavaḥ ।
yāstē sahasragṇi hētayōnyamāsmannivāpantu tāḥ ।
sahasrāṇi sahasraḍdhā bāhuvōstavā hētayāḥ ।
tāsāmīśānō bhagavaḥ parāchīnā mukhā kṛdhi ॥ 10 ॥

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sahasrāṇi sahasraśō yē rūdrā adhi bhūmyām ।
tēṣāgṇi sahasrayōjanē-'vādhanvāni tanmasi ।
āsmīnmāhātīyārṇavēm-'tarikṣē bhāvā adhi ।
nīlāgrīvā-śśītikāṇṭhā-śśārvā ādhaḥ, kṣāmāchārāḥ ।
nīlāgrīvā-śśītikāṇṭhā divaḡṇi rūdrā upāśritāḥ ।
yē vṛkṣēṣu saṣpiñjārā nīlāgrīvā vilōhitāḥ ।
yē bhūtānāmādhīpatayō viśīkhāsāḥ kapārdīnāḥ ।
yē annēṣu vīvidhyānti pātrēṣu pibātō janān ।
yē pāthā-mpāthīrakṣāya ailabṛdā yavyudhāḥ ।
yē tīrthāni prācharānti sṛkāvantō niṣāṅgiṇāḥ ।
ya ētāvāntāśchā bhūyāgṇīsaśchā diśō rūdrā vitasthīrē ।
tēṣāgṇi sahasrayōjanē-'vādhanvāni tanmasi ।

namō rūdhrēbhyō yē pṛthivīyām yē-'ntarikṣē yē divi yēśāmannāṃ vātō varṣāmiśāvastēbhyō daśa
prāchīrdaśā dakṣiṇā daśa prāṭichī-rdaśō-dīchī-rdaśōrdhvastēbhyō namāstē nō mr̥dayantu tē ya-
ndviṣmō yaśchā nō dvēṣti tam vō jambhē dadhāmi ॥ 11 ॥

Anruna Asmin Anrunah Parasmigg Ntrtiye Loke Anruna Shyama
Ye devayana uta pitriyana sarvanpadho anruna akshiyemah

Anruna Asmin Anrunah Parasmigg Ntrtiye Loke Anruna Shyama
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tryāmbakaṃ yajāmahē sugandhi-mpuṣṭivardhanam ।
 ūrvārukamivā bandhānānmṛtyōrmukṣīyā mā-'mṛtāt ।
 yō rudrō agnau yō apsu ya ōśādhīṣu yō rudrō viśvā bhuvānā vīvēśā tasmai rudrāya namō astu ।
 tamū ṣṭuḥi ya-ssviṣussudhanvā yō viśvāsyā kṣayāti bhēṣajasyā ।
 yakṣvāmāhē saūmanasāyā rudra-nnamōbhirdēvamasūra-nduvasya ।
 āya-mmē hastō bhagāvānāya-mmē bhagāvattaraḥ ।
 āya-mmē viśvabhēṣajō-'yagṃ śivābhimarśanaḥ ।
 yē tē sahasrāmāyuta-mpāsā mṛtyō martyāya hantāvē ।
 tān yajñasyā māyayā sarvānavā yajāmahē ।
 mṛtyavē svāhā mṛtyavē svāhā ।
 ō-nnamō bhagavatē rudrāya viṣṇavē mṛtyūrmē pāhi ॥
 prāṇānā-ṅgranthirasi rudrō mā viśāntakaḥ ।
 tēnānnēnāpyāyāsva ॥
 namō rudrāya viṣṇavē mṛtyūrmē pāhi ॥
 mama mrutyurnashatu । aayurvarthataam ॥

Anruna Asmin Anrunah Parasmigg Ntrtiye Loke Anruna Shyama
 Ye devayana uta pitriyana sarvanpadho anruna akshiyemah

Anruna Asmin Anrunah Parasmigg Ntrtiye Loke Anruna Shyama
 Ye devayana uta pitriyana sarvanpadho anruna akshiyemah

ōṃ agnāviṣṇō sajōśāsēmāvārdhantu vā-ṅgirāḥ । dyumnairvājēbhīrāgātam । vājāścha mē
 prasavaśchā mē prayātiścha mē prasitiścha mē dhītiśchā mē kratuścha mē svarāścha mē
 ślōkāścha mē śrāvaśchā mē śrutiścha mē jyōtiścha mē suvāścha mē prāṇaśchā mē-'pānaśchā
 mē vyānaśchā mē-'sūścha mē chitta-ñchā mā ādhīta-ñcha mē vākchā mē manāścha mē
 chakṣuścha mē śrōtrā-ñcha mē dakṣāścha mē balā-ñcha mā ōjāścha mē sahaścha mā āyūścha
 mē jarā chā ma ātmā chā mē tanuśchā mē śarmā cha mē varmā chā mē-'ṅgāni cha mē-'sthāni
 cha mē parūgṃṣi cha mē śarīrāṇi cha mē ॥ 1 ॥
 jaiṣṭhyā-ñcha mā ādhipatya-ñcha mē manyuśchā mē bhāmaśchā mē-'māśchā mē-'mbhāścha mē
 jēmā chā mē mahimā chā mē varimā chā mē prathimā chā mē varṣmā chā mē drāghuyā chā mē
 vṛddha-ñchā mē vṛddhiścha mē satya-ñchā mē śraddhā chā mē jagāchcha mē dhanā-ñcha mē
 vaśāścha mē tviṣiścha mē krīḍā chā mē mōdāścha mē jāta-ñchā mē janīṣyamāṇa-ñcha mē sūkta-
 ñchā mē sukrīta-ñchā mē vitta-ñchā mē vēdyā-ñcha mē bhūta-ñchā mē bhaviṣyachchā mē suga-
 ñchā mē supathā-ñcha mā ṛddha-ñchā mā ṛddhiścha mē kLipta-ñchā mē kLiptiścha mē mṛtiśchā
 mē sumṛtiśchā mē ॥ 2 ॥
 śa-ñchā mē mayāścha mē priya-ñchā mē-'nukāmaśchā mē kāmāścha mē saumanasāśchā mē
 bhādra-ñchā mē śrēyāścha mē vasyāścha mē yaśāścha mē bhagāścha mē draviṇa-ñcha mē
 yantā chā mē dhātā chā mē kṣēmāścha mē dhṛtiścha mē viśvā-ñcha mē mahāścha mē
 saṃvichchā mē jñātrā-ñcha mē sūśchā mē praśūśchā mē sīrā-ñcha mē layāśchā mā ṛta-ñchā mē-



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'mr̥tā-ñcha mē-'yakṣma-ñchā mē-'nāmayachcha mē jīvātúścha mē dīrghāyutva-ñchā mē-'namitra-ñchā mē-'bhāya-ñcha mē suga-ñchā mē śayāna-ñcha mē sūṣā chá mē sudinā-ñcha mē || 3 ||

ūrkhā mē sūnr̥tā cha mē payāścha mē rasāścha mē ghṛta-ñchā mē madhū cha mē sagdhiścha mē sap̥tīścha mē kṛṣīśchā mē vr̥ṣṭīścha mē jaitrā-ñcha ma audbhīdya-ñcha mē rāyīśchā mē rāyāścha mē puṣṭa-ñcha mē puṣṭīścha mē vībhū chá mē prābhū chá mē bāhu chá mē bhūyāścha mē pūr̥ṇa-ñchā mē pūr̥ṇatāra-ñchā mē-'kṣītiścha mē kūyāvāśchā mē-'nnā-ñchā mē-'kṣūchcha mē vr̥ihayāścha mē yavāścha mē māśāścha mē tilāścha mē mūdgaśchā mē khḷvāścha mē gōdhūmāścha mē māsuraścha mē priyaṅgavāśchā mē-'ṇavaścha mē śyāmākāścha mē nīvārāścha mē || 4 ||

aśmā cha mē mr̥ttikā cha mē gīrayāścha mē parvātāścha mē sikātāścha mē vanaspatāyāścha mē hirānya-ñchā mē-'yāścha mē sīsā-ñchā mē trapūścha mē śyāma-ñchā mē lōha-ñchā mē-'gnīśchā ma āpāścha mē vīrudhāścha ma ōṣādhayaścha mē kṛṣṭapachya-ñchā mē-'kṛṣṭapachya-ñchā mē grāmyāśchā mē paśavā āraṇyāśchā yajñēnā kalpantām vitta-ñchā mē vittīścha mē bhūta-ñchā mē bhūtiścha mē vasū cha mē vasatīśchā mē karmā cha mē śaktīśchā mē-'rthāścha ma ēmāścha ma itīścha mē gatiścha mē || 5 ||

agnīśchā ma indrāścha mē sōmāścha ma indrāścha mē savītā chá ma indrāścha mē sarāsvatī cha ma indrāścha mē pūṣā chá ma indrāścha mē bṛhaspatiścha ma indrāścha mē mītraśchā ma indrāścha mē varuṇāścha ma indrāścha mē tvaṣṭhā cha ma indrāścha mē dhātā chá ma indrāścha mē viṣṇuścha ma indrāścha mē-'śvinau cha ma indrāścha mē marutāścha ma indrāścha mē viśvé cha mē dēvā indrāścha mē pr̥thivī chá ma indrāścha mē-'ntarikṣa-ñcha ma indrāścha mē dyauśchā ma indrāścha mē diśāścha ma indrāścha mē mūrdhā chá ma indrāścha mē prajāpātiścha ma indrāścha mē || 6 ||

agm̥śuśchā mē raśmiśchā mē-'dābhyaśchā mē-'dhipatiścha ma upāgm̥śuśchā mē-'ntaryāmaśchā ma aindravāyavaśchā mē maitrāvaruṇāśchā ma āśvinaśchā mē pratiprasthānāścha mē śukraśchā mē manthī chá ma āgrayaṇāśchā mē vaiśvadēvaśchā mē dhruvaśchā mē vaiśvāṇaraśchā ma ṛtugrahāśchā mē-'tigrāhyāścha ma aindrāgnaśchā mē vaiśvadēvaśchā mē marutvātīyāścha mē māhēndraśchā ma ādītyāśchā mē sāvitraśchā mē sārasvataśchā mē pauṣṇāśchā mē pātnīvataśchā mē hāriyōjanaśchā mē || 7 ||

īdhmaśchā mē bārhiśchā mē vēdīścha mē diṣṇiyāścha mē sruchāścha mē chamaśāśchā mē grāvāṇaścha mē svarāvaścha ma uparāvāśchā mē-'dhīṣavāṇē cha mē drōṇakalāśāśchā mē vāyavyāni cha mē pūtabhṛchchā ma ādhavanīyāścha ma āgnīdhra-ñcha mē havīrdhānā-ñcha mē gr̥hāśchā mē sadāścha mē purōḍāśāścha mē pachātāśchā mē-'vabhṛthaśchā mē svagākāraśchā mē || 8 ||

agnīśchā mē ghṛmaśchā mē-'rkaśchā mē sūryāścha mē prāṇāśchā mē-'śvamēdhaśchā mē pr̥thivī chá mē-'ditiścha mē ditiścha mē dyauśchā mē śakvārīraṅgulāyō diśāścha mē yajñēnā kalpantāmṛkhā mē sāmā cha mē stōmāścha mē yajūścha mē dīkṣā chá mē tapāścha ma ṛtuśchā mē vr̥ta-ñchā mē-'hōrātrayōrvṛṣṭyā bṛhadrathantārē chá mē yajñēnā kalpētām || 9 ||

garbhāścha mē vatsāśchā mē tryaviścha mē tryavīchā mē dityavāt chá mē dityauhī chá mē pañchāviścha mē pañchāvī chá mē trivatsāśchā mē trivatsā chá mē turyavāt chá mē turyauhī chá mē paṣṭhavāt chá mē paṣṭhauhī chá ma ūkṣā chá mē vṣā chá ma ṛṣabhaśchā mē vēhachchā



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mē-'ṇadvāṇcha mē dhēnuśchā mṛ āyuryajñēnā kalpatā-mprāṇō yajñēnā kalpatāmapānō yajñēnā kalpatāṃ vyānō yajñēnā kalpatā-ñchakṣuryajñēnā kalpatāḡ śrōtrāṃ yajñēnā kalpatā-mmanō yajñēnā kalpatāṃ vāgyajñēnā kalpatāmātmā yajñēnā kalpatāṃ yajñō yajñēnā kalpatām || 10 ||

ēkā cha mē tīsraśchā mē pañchā cha mē sapta chā mē navā cha mṛ ēkādaśa cha mē trayōdaśa cha mē pañchādaśa cha mē saptaśchā cha mē navādaśa cha mṛ ēkāvigṃśatīścha mē trayōvigṃśatīścha mē pañchāvigṃśatīścha mē saptaśchā mē navāvigṃśatīścha mṛ ēkātrigṃśachcha mē trayāstrigṃśachcha mē chatāsraścha mē-'ṣṭau chā mē dvādaśa cha mē ṣōḍaśa cha mē vigṃśatīśchā mē chatūrvigṃśatīścha mē-'ṣṭāvīgṃśatīścha mē dvātrigṃśachcha mē ṣaṭ-trigṃśachcha mē chatvārigṃśachchā mē chatuśchatvārigṃśachcha mē-'ṣṭāchātvarīgṃśachcha mē vājāścha prasavaśchāpījaścha kratuśchā suvāścha mūrdhā chā vyaśniyaśchāntyaāyanaśchāntyaśchā bhauvaśchā bhuvānaśchādhīpatiścha || 11 ||

ōṃ idā dēvāhū-rmanūryajñānī-rbṛhspatirukthāmadānī śagṃsiśadviśvē dēvā-ssūktavāchāḥ prthivimātarmā mā higṃsīrmadhū manīsyē madhū janīsyē madhū vakṣyāmi madhū vadiṣyāmi madhūmatī-ndēvēbhīyō vāchamudyāsagṃsuśrūṣēnyā-mmanuṣyēbhīyasta-mmā dēvā āvantu śōbhāyai pītarō-'nūmadantu ||

Anruna Asmin Anrunah Parasmigg Nrtiye Loke Anruna Shyama
Ye devayana uta pitriyana sarvanpadho anruna akshiyemah

8. Cloth

Take the flower in the right hand, imagining that you are offering the garment to God
Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, flowers should be placed on the Shiva Linga.

9. Abharana

Taking a flower in the right hand, imagining that you are offering ornaments to Ishvara,
Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ”, flower should be placed on the Shiva Linga.

10. sandalwood

Taking sandalwood powder, imagining that you are applying sandalwood to Ishvara,
Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ” one should apply sandalwood on the Shiva linga.

11. Vibhudi

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ” one should offer Vibhudi on Shivalinga.

12. Flower

Chanting " Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha, Pushpaih Pujayami ", one should worship Shivalinga with various flowers while also chanting chit-shakti ashtotram if possible.

1. Om Bhoorupa Sakalaadharaya Namah
2. Om Beeja Oshadhi Anna Roopaaya Namah
3. Om Jarayuja Andaja Udbhuja Shwedajaadi Roopaaya Namah
4. Om Kshetra Roopaaya Namah
5. Om Tirtha Roopaaya Namah
6. Om Jalaroopa Akhilaasyaaya Namah
7. Om Tejah Punja Swaroopaaya Namah
8. Om Jagatprakaashaaya Namah
9. Om Ajnaanatamo Hrudbhanu Roopaaya Namah
10. Om Vaayu Roopaaya Namah



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11. Om Akhila Vyaptaaya Namah
12. Om Utpattiaadi Vidhaaya Namah
13. Om Nabho Roopaaya Namah
14. Om Indu Suryadi Jyotirbhuta Avakaashaaya Namah
15. Om Ghraana Roopaaya Namah
16. Om Gandha Roopaaya Namah
17. Om Gandha Grahana Kaaranaaya Namah
18. Om Rasaanaaya Namah
19. Om Rasaroopaaya Namah
20. Om Rasagrahana Kaaranaaya Namah
21. Om Chakshu Roopaaya Namah
22. Om Roopa Roopaaya Namah
23. Om Roopa Grahana Kaaranaaya Namah
24. Om Tvagroopaaya Namah
25. Om Sparsha Roopaaya Namah
26. Om Sparsha Grahana Kaaranaaya Namah
27. Om Shrotra Roopaaya Namah
28. Om Shabda Roopaaya Namah
29. Om Shabda Grahana Kaaranaaya Namah
30. Om Vaginriya Swaroopaaya Namah
31. Om Vaataavrutti Pradaaya Namah
32. Om Paneendriya Swaroopaaya Namah
33. Om Kriyaa Vrutti Pradaaya Namah
34. Om Paadendriya Swaroopaaya Namah
35. Om Gati Vrutti Pradaaya Namah
36. Om Vaayvindriya Swaroopaaya Namah
37. Om Visargaaddhaika Kaaranaaya Namah
38. Om Rahasyendriya Roopaaya Namah
39. Om Vishayaanandaaya Namah
40. Om Manoroopaaya Namah
41. Om Sankalpa Vikalpaadi Swaroopaaya Namah
42. Om Sarvopalabdha Hetave Namah
43. Om Buddhi Nishchaya Roopaaya Namah
44. Om Ahankaara Swaroopaaya Namah
45. Om Aham Kartavya Vruttidaaya Namah
46. Om Chetanaa Chitta Roopaaya Namah
47. Om Sarva Chaitanya Daayakaaya Namah
48. Om Guna Vaishamya Roopaadhya Mahaa Tatvaabhimanaaya Namah
49. Om Guna Saamanya Avyakta Maayaa Moola Prakruti Sanjnaaya Namah
50. Om Panchikruta Mahaa Bhoota Sookshma Bhoota Raapaaya Namah
51. Om Vidyaa Vidyaatmikaaya Namah
52. Om Maayaabandha Mochana Kaaranaaya Namah
53. Om Eeshwarechchaa Raaga Roopaaya Namah
54. Om Prakruti Kshobha Kaarakaaya Namah
55. Om Kaala Shakti Roopaaya Namah
56. Om Kaala Roopaaya Namah
57. Om Niyantyaadi Niyamakaaya Namah
58. Om Dhoomaadi Panchavyoma Roopaaya Namah
59. Om Yantra Mantra Kalaatmakaaya Namah
60. Om Brahma Roopaaya Namah
61. Om Vishnu Roopaaya Namah



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62. Om Rudra Roopaaya Namah
63. Om Maheshwaraaya Namah
64. Om Sadaashiva Roopaaya Namah
65. Om Sarva Jeevamayaaya Namah
66. Om Shivaaya Namah
67. Om Shree Vaani Lakshmi Umaa Roopaaya Namah
68. Om Sadaakhyaaya Namah
69. Om Chitra Kalaatmakaaya Namah
70. Om Prajna Taijasa Vishwaakhya Viraat Sootreshwaraaya Namah
71. Om Sthoola Deha Swaroopaaya Namah
72. Om Sookshmadeha Swaroopaaya Namah
73. Om Vaachya Vaachaka Roopaaya Namah
74. Om Jnaana Jneya Swaroopaaya Namah
75. Om Karya Karana Roopaaya Namah
76. Om Tatatvaadi Devataaya Namah
77. Om Dashanaadha Swaroopaaya Namah
78. Om Naadiroopaadhya Kundalaaya Namah
79. Om Akaaradi Kshakaaranta Vaikhari Vaakswaroopaaya Namah
80. Om Veda Vedaanga Swaroopaaya Namah
81. Om Sutra Shaastraadi Roopaaya Namah
82. Om Puraana Roopaaya Namah
83. Om Saddharma Shaastra Roopaaya Namah
84. Om Paratparaaya Namah
85. Om Ayur Veda Swaroopaaya Namah
86. Om Dhanur Veda Swaroopaaya Namah
87. Om Gaandharva Vidya Swaroopaaya Namah
88. Om Artha Shaastraartha Roopaaya Namah
89. Om Chatuhshashti Kalaa Roopaaya Namah
90. Om Nigamaagama Swaroopaaya Namah
91. Om Kaavya Itihaasa Roopaaya Namah
92. Om Gaanavidya Swaroopaaya Namah
93. Om Padavaakya Swaroopaaya Namah
94. Om Sarvabhaasha Swaroopaaya Namah
95. Om Padavaakya Sphuta Roopaaya Namah
96. Om Jnaana Jneya Kriyaatmakaaya Namah
97. Om Sarva Tantramayaaya Namah
98. Om Sarva Yantramayaaya Namah
99. Om Veda Maatre Namah
100. Om Lalitaayai Namah
101. Om Mahaa Vyaahruti Roopaaya Namah
102. Om Avyaakruta Pada Anaadyachintya Shaktyaaya Namah
103. Om Tamomayaaya Namah
104. Om Parasmai Jyotishaaya Namah
105. Om Parabrahma Saakshaatkaara Swaroopaaya Namah
106. Om Pakabrahma Mayaaya Namah
107. Om Satyaa Satyajnaana Sudhaatmikaaya Namah
108. Om Umaa Paarthiveshwaraaya Namah

13. Incense

Light the incense, extinguish the flame,
One should offer incense to the Shivalinga saying “ Om Namashsambhavecha Mayo Bhavecha
Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha, Dhupamaghrapayami ” .



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14. Diya (lamp)

Taking the lamp in the hand and holding it above the heart,
One should show the lamp to the Shivalinga saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha ” .

15. Naivedyam (offering)

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Sivatarayacha Naivedyam Samarpayami ”

Place pure cow's ghee in a bowl as an offering, sprinkle water around the bowl (from left to right) and recite the mantra given below.

Om bhurbhuvassuvah tatsaviturvarenyam bhargodevasya dhimahi dhiyoanah prachodayat

Om Apojyoti Rasomritham Brahma Bhurbhuvassuvarom

Then, saying **amritamastu** , a drop of water should be sprinkled on the offering.

Then the following mantra should be chanted while sprinkling water around the offering

Amruto pastaranmasi, ritantatvartena parishinchami

After reciting the following mantras, one should offer offerings to Ishvara six times.

Om Pranaya Swaha

Om Apanaya Swaha

Om Vyanaya Swaha

Om Udhanaya Swaha

Om Samanaya Swaha

Om Brahmane Swaha

After making this oblation, taking the water with one uddarina, thinking that you are giving water to Ishvara to drink,

You should show the water from the Uddharina to Ishvara and accept that water, saying madhye madhye paaneyam samarpayami.

- Then, sprinkling water around the plate in an aparadakshina (right to left) manner, one should say Amritapidhanamasi Uttaraposhanam Samarpayami .
- Thinking that we are washing Ishvara's hands, saying Hastau Prakshalayami , show the water to Ishvara and release it in the plate.
- Feeling that Ishvara's feet are being washed, show the water to Ishvara and release it in the plate, saying Padau Prakshalayami .
- Thinking of giving drinking water to Ishvara, saying Achamaniyam Samarpayami , showing the water to Ishvara and release in the plate.

16. Mantrapushpa

Taking flowers or akshatas in hand, One should recite the following mantra after saying

“ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha, Mantrapushpam Samarpayami ” .

Om Rajadhirajaya Prasahya Sahine

Namo Vayam Vaishnavanaya Kurmahe

Sa May Ka Man Kama Kamaya Mahayam

Kameshwaro Vaishnavano Dadhatu

Kuberaya Vaishnavanaya Maha Rajaya Namah

Om Tatpuruashaya Vidmahe Mahadevaya Dhimahi

Tanno Rudrah Prachodayat

After saying that, the flowers should be placed on the Shivalinga.

17. Nirajana

Saying “ Om Namashsambhavecha Mayo Bhavecha Namashshankarayacha Mayaskarayacha Shivayacha Shivatarayacha, Neerajanam Darsayami ” .

The harati should be lighted with camphor and pointed at the Shiva linga and following mantra should be recited:



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" Namaste Astu Bhagavan-Visveshvaraya Mahadevaya Tryambakaya Tripurantha Trikagnikalaya Kalagnirudraya Nilakamthaya Mrityunjaya Sarveshvaraya Sadashivaya [Sankararaya] Sriman-Mahadevaaya Namah "

- Here you can sing a Harati song.
- Then release a drop of water in the plate.
- Applying the heat of the arathi to the eyes with both hands, while saying " **Raksham Dharayami** " .

Finally, take the Akshatas in the right hand and pour water as a thin stream from the top of the Akshatas. Water and Akshatas – should flow into a plate through the passage between the middle and ring fingers. While doing this the following mantra should be recited.

" Mantraheenam, Kriyaheenam, Bhakti heenam, Dravya heenam, Parameshwara, yat poojitam maya deva paripoornam tadastute. Anaya Maya Krita Runa Pasupata Abhisheka Pooja Sarvam Sri Parameswara Kataksha Dwara, Asmin Runa Badha Siddhyartham Parameswaraarpanamastu. "

Om Purnamathah Purnamidam Purnat Purnamudachyate,
Purnasya Poornamadaya Poornameva Avashishyate

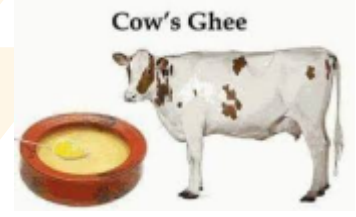
Om Shantih Shantih Shantih



Chamakam while anointing Shivalinga with sugarcane juice



Chit Shakti Ashtottaram and worship with Vakudu flowers



pure cow's ghee should be offered as an offering

