



SRIVIDYA JNANA PEETHAM
(A Subsidiary of Soundarya Lahari Trust)

Unique Shodasa Suvasini puja

Sreematre namaha

Sree gurubhyo namaha

For those who want to see Goddess Mother in the form of nature, she appears in 16 nitya forms. These sixteen nityas are also 16 forms of moon named as Kameshwari, Bhagamalini, etc. The worship procedure of these deities has been described in a previous issue (December, 2022). When those Nitya deities are worshiped in the form of Suvasini, it becomes a special Shodasa Suvasini Puja.

Let's see how it is performed:

- 16 traditionally well decorated Suvasins should be seated as shown in the figure below.
- The 16th Suvasini in the middle is Mahanitya. In that place, the most senior (in terms of age) should be seated.

To worship them, the following must be collected:

- There are 16 types of fruits with 16 fruits per type
- 16 color sarees
- 16 types of flowers
- 16 types of sweet delicacies

To worship these 16 Suvasins another 16 worshipers have to sit in front of them. Generally the best practice is to seat the Savuvasini on a high chair and the upasaka at their feet. Everyone should worship their Suvasins with the following pooja procedure.

The method of worship

1. Gurudhyana

In case of Guru Mantra Deeksha, the Guru Mantra should be recited twice – if not, the following Shloka should be recited twice, either with Guru Mudra or Namaskara Mudra.

**Gurubrahma, Gururvishnuh, Gururdevo Maheshwarah,
Gurussakshat Parabrahma, Tasmaiom Sri Gurve Namah.**

2. Ganapati meditation

In case of Ganapati Mantra Deeksha, Ganapati Mantra should be recited four times, if not the following sloka must be recited once with Namaskara Mudra.

**Shuklambaradharam Vishnum, Sashivarnam chaturbhujam
Prasanna vadanam dhyayet, sarva vighnopasantye.**

3. Achamana

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time taking water in without touching the upper lip.

**Aim Atma Tatvaya Swaha
Klim Vidya Tatvaya Swaha
Sauh Shiva Tatvaya Swaha**

Now while reciting the following mantra, pour water in the right hand and drop the water into a plate

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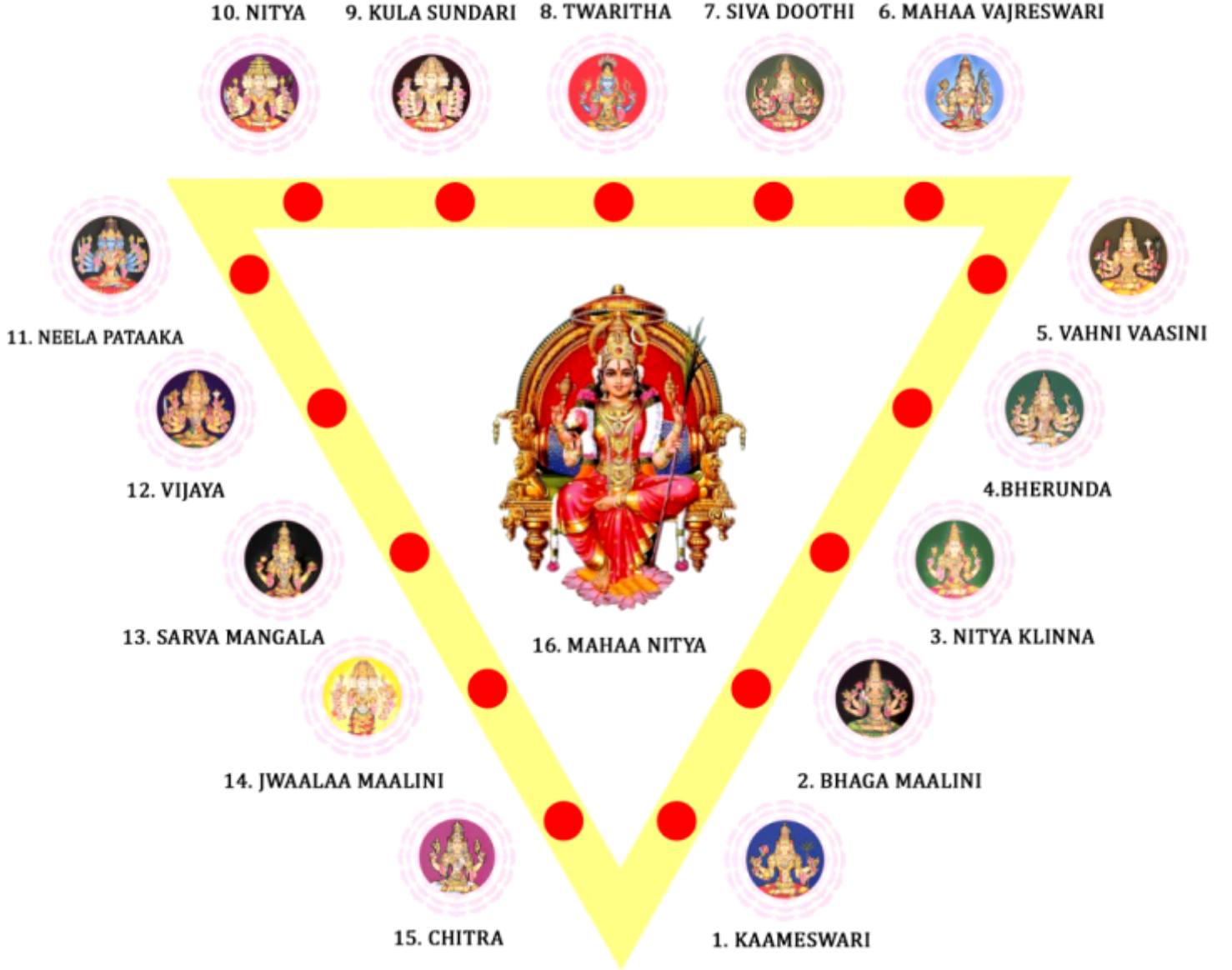
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SHODASEE NITYA SUVAASINEE MANDALAM



through the space between the middle finger and ring finger (do not sprinkle water)

Aim klim sauh sarva tatvebhyah svaha

4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (**Om bhurbhuvasvah tatsa vithurvarenyam, bhargo devasya dhimahi, dhyoyonah prachodayat**).

Close the right nostril with the right thumb, hold the breath and chant the **Gayatri mantra twice**.

Open the left nostril and exhale through it, chanting the **Gayatri Mantra once**.

Finally, after exhaling the air completely, chant the **Gayatri Mantra once**, holding the breath (inhaling and exhaling).

Repeat the above process by inhaling again through the left nostril. It is a pranayama. If you keep doing this procedure three times for few years, you will get a dynamic divine body according to the Shastras.

5. Sankalpa

Mama Upatta Samastha Durita Kshaya Dwara, Viyadadi Jaganmata Anugrah Siddhyrtham, Nitya Saubhagya Siddhyrtham, Nityadevi Rupena, Shodasa Suvasini Pujam Karishye.

6. Invocation

The 16 nitya deities should be invoked into Suvasins one by one with 16 mantras.

Kameshwari

1. Aim hreem sreem am aim sa ka la hreem nithyaklinne madadrawe sauh am kameshwari nithya shri padukam pujayami tarpayami namah **Aim Hreem Sri Kameswari Nitya Devatam Avahayami Bhagamalini – (This deity mantra should not be recited outside)**

2. Aim Hreem Sreem Aam Aim Bhagabhuge Bhagini Bhagodari Bhagamale Bhagaavahe Bhagaguhye Bhagayoni Bhaginipatini Sarva Bhagavashankari Bhagarupe Sarvani Bhagaani May Hyanaya Varade Rete Surete Bhaga Klinne Clinnadrawe Kledaya Draavaya Amoghe bhaga vicche kshubaha kshobhaya, sarva satvaan bhageswari, aim bloom, jem bloom , mom bloom , hem bloom , hem clinne , sarvani bhaganime vashamanaya streem hara blame hrim aam bhagamalini nithya sri padukam pujayami tarpayami namah **Aim hreem sreem bhagamalini nitya devatam avahayami.**

Nityaklinna

3. aim hreem sreem im om hreem nityakline maddrave swaha im nityaklinna nityaa sri padukam poojayami tarpayami namah

Aim hreem sreem nityaklinna nitya devatam aavahayami.

Bherunda

4. aim hriem sreem eem om krom bhrom kroum jhroum chroum jroum swaha eem bherunda nithya sri padukam poojayami tarpayami namah

Aim hreem sreem berunda nitya devatam aavahayami.

Vahnivasini

5. Aim Hreem Sreem Um Om Hreem Vahnivasinyai Namah Um Vahnivasini Nitya Sri Padukam Pujayami Tarpayami Namah **Aim hreem sreem vahni vasini nitya devatam avahayami.**

Maha Vajreshwari

6. Aim Hreem Sreem Oom Hreem Clyinne Aim Chrom Nitya Madadrawe Hreem Oom Mahavajreshwari Nitya Sree Padukam Pujayami Tarpayami Namah



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Aim Hreem Srim Maha Vajreswari Nitya Devtam Avahayami.

Lord Shiva

7. Aim Hreem Sreem Arum Hreem Sivadootyai Namah Arum Sivadoothi Nitya Sri Padukam Pujayami Tarpayami Namah **Aim hreem sreem sivaduti nitya devatam aavahayami.**

Tvaritaa

8. Aim hreem sreem aroom om hreem hum khe cha kshe ksah streem hum kshem hreem phat aroom tvaritaa nitya sree padukam pujayami tarpayami namah **Aim hreem sreem tvaritaa nitya devatam avahayami.**

Kulasundari

9. Aim Hreem Sreem Alum Aim Kleem Souh Alum Kulasundari Nitya Sri Padukam Pujayami Tarpayami Namah **Aim Hreem Srim Kulasundari Nitya Devatam Avahayami.**

Nityaa

10. Aim hreem sreem aloom ha sa ka la ra daim ha sa ka la ra deem ha sa ka la ra douh aloom nityaa nityaa sri padukam pujayami tarpayami namah **Aim hreem sreem nityaa nityaa devatam aavahayami.**

Neelapataaka

11. Aim Hreem Sreem Yem Hreem Frame Sroom Chrome Aam Cleem Aim Bloom Nithya Madadrawe Hum Frame Hreem Yem Nilapataka Nitya Shree Padukam Pujayami Tarpayami Namah **Aim hreem sreem nilapataka nityaa devatam aavahayami.**

Vijaya

12. Aim Hreem Sri Aim Bhmryum Aim Vijaya Nithya Sri Padukam Pujayami Tarpayami Namah **Aim hreem sreem vijayaa nitya devatam avahayami.**

Sarvamangala

13. Aim Hreem Srim Om Swaum Om Sarva Mangala Nitya Sri Padukam Pujayami Tarpayami Namah **Aim hreem sreem sarvamangala nitya devatam aavahayami.**

Jwalamaalini

14. Aim Hreem Shrim Aum Om Namobhagavati Jwalamalini Deva Devi Sarvabhuta Samhara Karike Jatavedasi Jwalanti Jwala Jwala Prajwala Prajwala Hram Hreem Hroom Ra Ra Ra Ra Ra Ra Jwaalamalini Nitya Sri Padukam Pujayami Tarpayami Namah **Aim Hreem Shrim Jwalamalini Devatam Avahayami.**

Chitra

15. Aim hreem sreem sreem aha chkoum aha chitraa nityaa sree padukam pujayami tarpayami namah **Aim hreem sreem chitraa nityaa devatam aavahayami.**

Mahanityaa

16. Aim hreem sreem aham ka ye ee la hreem ha sa ka ha la hreem sa ka la hreem aham shodasi maha nitya sree padukam pujayami tarpayami namah **Aim hreem sreem mahanityaa devatam aavahayami.**

7. Simhasanam

Aim Hreem Shreem Kameswari Nityaa Devi Pritharthiyam Navaratna Simhasanaarthe Pushpam Samarpayami.

Similarly, worshipers sitting in front of Suvasinis should present flowers to the Suvasins who are in the form of Nityas after changing the name of Nitya like Bhagamaalini and so on.

8. Paadyam

Water should be sprinkled on the feet of the Suvasini while chanting:

Aim Hreem Shreem Kameswari Nitya Devi Prithartham Padyam Samarpayami.

Similarly, worshipers sitting in front of each Suvasini should sprinkle water at the feet after changing the name of Nitya like Bhagamaalini and so on.

9. arghya

Water should be used to clean the hands of the Suvasini gently while chanting:

Aim hreem shrim kameswari nitya devata prithartham argyam samarpayami

Similarly, after changing the name of Nitya like Bhagamaalini and so on, the hands of Suvasins who are in the form of Nityas should be wiped clean by the worshipers sitting in front of them.

10. Achamaniya

Suvasini should be offered drinking water while chanting:

Aim Hreem Sreem Kameswari Nitya Devta Prithartham muke achamaniyam samarpayami.

Similarly, worshipers sitting in front of Suvasinis should offer drinking water to the Suvasins who are in the form of Nityas after changing the name of Nitya like Bhagamaalini and so on.

11. Snanam (bath)

Saying “Aim Hrim Sreem Kameswari Nitya Devata Prithartham Snaanam Snapayami”, the feet of the Suvasini should be placed in a brass plate and anointed liberally with clean water or water mixed with turmeric.

Similarly, worshipers sitting in front of Suvasinis should anoint the feet of Suvasins who are in the form of Nityas after changing the name of Nitya like Bhagamaalini and so on.

Here, if possible, it is better to do abhishekam while reading Srisuktam. When the ablution is done, the feet of the Suvasini should be wiped clean with a cloth (the best cloth to clean is the saree worn by the worshipers) and the feet should be placed in another brass plate.

12. Vastram (clothes)

While chanting the following mantra, new clothes should be placed on the lap of Suvasini:

Aim Hreem Shreem Kameswari Nitya Devata Prithartham Vastram Samarpayami.

Similarly, worshipers sitting in front of other suvasinis should offer new clothes (typically saris of different colors) after changing the name of Nitya like Bhagamalini and so on.

13. Abharanam (jewellery)

Based on the capacity of worshipper, real ornaments or flowers should be offered to the Suvasini while chanting:

Aim Hreem Shreem Kameswari Nitya Devata Prithartham Abharanam/Abharanardhe Puspam Samarpayami,.

Similarly, worshipers sitting in front of other suvasinis should offer ornaments or flowers after changing the name of Nitya like Bhagamalini and so on.

14. Saffron with turmeric powder

Chanting the following mantra, the deity must be decorated using turmeric powder on the feet and decorated on the forehead with saffron:

Aim Hreem Shrim Kameswari Nitya Devta Prithartham, Saubhagya Siddhyarthe, Haridra Churna Sahita Kunkuman Dharayami,



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Similarly, after changing the name of Nitya like Bhagamalini and so on, worshipers sitting in front of other suvasinis should decorate them with turmeric powder and saffron.

15. Sandalwood

Suvasini's neck should be applied gently with sandalwood powder while chanting the following mantra:

Aim Hreem Srim Kameswari Nitya Devta Prityartham Antarbahir Satsanga Siddhyarthe Gandhaam Dharayami.

In the same way, worshipers sitting in front of other suvasinis should apply sandalwood softly on the Suvasins who are in the form of Nityas after changing Nitya's name like Bhagamaalini and so on.



16. Pooja with flowers

1. First Suvasini should be worshipped with blooming flowers while chanting following mantra:
Aim Hreem Srim Kameswari Nitya Devta Prityartham Vishala

Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 20 names of Lalitha Trishati names should be recited.

1. Om Kakaararupayai Namah
2. Om Kalyanyai Namah
3. Om kalyanagunasalinyai namah
4. Om kalyanasailanilayai namah
5. Om Kamaniyayai Namah
6. Om Kalavatyai Namah
7. Om Kamalakshyai Namah
8. Om Kalmashaghnyai Namah
9. Om Karunamritasagarayai Namah
10. Om kadambakananavasayai namah
11. Om kadambakusumapriyai namah
12. Om Kandarpavidyayi Namah
13. Om kandarpajanakapangavikshanayai namah
14. Om Karpuraviti Saurabhyakallolitha Kakuptatayai Namah
15. Om Kalidoshaharayai Namah

16. Om Kanjalochanayai Namah
17. Om Kamravigrahayai Namah
18. Om karmadisakshinyai namah
19. Om Karaitryai Namah
20. Om Karmaphalapradayai Namah



2. Second Suvasini should be worshipped with blooming flowers while chanting following mantra:
Aim Hreem Shrim Bhagamalini Nitya Devata Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here one should read

names 21 to 40 of Lalitha Trishati names.

21. Om Ekararupayai Namah
22. Om Ekaksharyai Namah
23. Om Ekanekaksharaakrtyai Namah
24. Om aetattadityanirdeshyaaai namah
25. Om ekanandachidaakrutyai namah
26. Om evamityaagamabodhyayai namah
27. Om Ekabhaktimadarchitaayai Namah
28. Om Ekagrachitanirdyatayai Namah
29. Om Eshanarahitaadhrutayai Namah
30. Om elasugandhichikurayai namah
31. Om enahkutavinashinyai namah
32. Om Ekabhogayai Namah
33. Om Ekarasaayai Namah
34. Om Ekaishwaryapradaayinyai Namah
35. Om Ekathapatrasaamrajyapradayai Namah
36. Om Ekanthapujitayai Namah
37. Om edhamanaprabhayai namah
38. Om Ejadanejajagadeeshwaryai Namah
39. Om ekaviradisamsevyaayai namah
40. Om Ekaprabhavashalinyai Namah



3. Third Suvasini should be worshipped with blooming flowers while chanting following mantra:
Aim Hreem Srim Nityaklinna Nitya Devata Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami.

Here, Names 41 to 60 of the Lalitha Trishati



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104. Om Harapriyayaai Namah
105. Om Hararadhyayai Namah
106. Om Haribrahmendravaditayai Namah
107. Om Hayarudhasevitanghryai Namah
108. Om Hayamedhasamarchitayai Namah
109. Om Haryakshavahanayai Namah
110. Om Hamsavahanayi Namah
111. Om hatadanavayai namah
112. Om Hattyadipapasamanyai Namah
113. Om Haridaswadisevitayai Namah
114. Om Hastikumbhotungakuchayai Namah
115. Om Hastikrittupriyanganayai Namah
116. Om Haridrakunkumadigdhaai Namah
117. Om Haryaswadyamaraarchitayai Namah
118. Om Harikeshasakhyai Namah
119. Om Hadividyaayai Namah
120. Om Halamadalasaayai Namah



7. Seventh Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Srim Sivaduti Nitya Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 121 to 140

names of Lalitha Trishati names should be read.

121. Om Sakararupayai Namah
122. Om Sarvajnayai Namah
123. Om Sarveshyai Namah
124. Om Sarvamangalayai Namah
125. Om Sarvakartryai Namah
126. Om Sarvabhartryai Namah
127. Om Sarvahantryai Namah
128. Om Sanatanyai Namah
129. Om Sarvanavadyayai Namah
130. Om Sarvangasundaryai Namah
131. Om Sarvasaakshinyai Namah
132. Om Sarvathmikayai Namah
133. Om Sarvasaukhyadatyai Namah
134. Om Sarvavimohinyai Namah
135. Om Sarvadharayai Namah
136. Om Sarvagatayai Namah
137. Om Sarvavagunavarjitayai Namah
138. Om Sarvarunayai Namah
139. Om Sarvamatre Namah
140. Om Sarvabhushanabhushitayai Namah

8. Eighth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Shreem Tvaritaa Nitya



Devata Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 141 to 160 names of Lalitha Trishati names should be read.

141. Om Kakaarthayai Namah
142. Om Kaalahantryai Namah
143. Om Kameshyai Namah
144. Om Kamitharthadaayai Namah
145. Om Kamasanjivinyai Namah
146. Om Kalyayai Namah
147. Om Katinastanamandalayai Namah
148. Om Karabhorave Namah
149. Om Kalanathamukhyai Namah
150. Om Kachajithambudayai Namah
151. Om Katakshasyandikarunayai Namah
152. Om Kapaliprananayakai Namah
153. Om Karunya Vighrayai Namah
154. Om Kantaayai Namah
155. Om Kantidhutajapavalyai Namah
156. Om Kalalaapayai Namah
157. Om Kambukanthyai Namah
158. Om karanirjithapallavayi namah
159. Om Kalpavallisamabhujayai Namah
160. Om Kasturithilakanchitayai Namah



9. Ninth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Shrim Kulasundari Nitya Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 161 to 180

names of Trishati names should be read.

161. Om Hakaarthayai Namah
162. Om Hamsagatyai Namah
163. Om Hatakabharanojjvalayai Namah
164. Om haarahaarikuchabhogayai namah
165. Om Hakinyai Namah
166. Om Halyavarjitayai Namah
167. Om Haritpatisamaradhyayai Namah
168. Om Hatakarahatasurayai Namah
169. Om Harshapradayai Namah
170. Om Havirbhoktryai Namah
171. Om Hardasantamasapahayai namah
172. Om Hallisalasyasantushtayai Namah
173. Om Hamsamantrarharupinyai Namah
174. Om hanopadaananirmuktayai namah
175. Om Harshinyai Namah



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176. Om Harisodaryai Namah
177. Om hahahoooomukhastutyayai namah
178. Om Haanivrudhivivarjitayai Namah
179. Om Hayyangavinahrudayayai Namah
180. Om Harikoparunamshukayai Namah



10. Tenth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Srim Nityaa Nityaa Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 181 to 200

names of Lalitha Trishati names should be read.

181. Om Lakarakhyaayai Namah
182. Om Lataapujayai Namah
183. Om Layasthityudbhavesvaryai Namah
184. Om laasyadarsanasantushtayai namah
185. Om Laabhalaabhavivarjitayai Namah
186. Om Langhyetarajnaayai Namah
187. Om Lavanyasalinaya Namah
188. Om Laghusiddhadaayai Namah
189. Om Laakshaarasasavarnabhayai Namah
190. Om Lakshmanagrajapoojitayai Namah
191. Om Labhyetarayai Namah
192. Om Labdhabhaktisulabhayai Namah
193. Om Laangalayudhayai Namah
194. Om Lagnachamarahasta Srisarada Pariveejitaiai Namah
195. Om Lajjapadasamaradhyayai Namah
196. Om Lampatayi Namah
197. Om Lakuleshwaryai Namah
198. Om Labdhamaanayai Namah
199. Om Labdhasarayai Namah
200. Om labdhasampatsamunnatayai namah



11. Eleventh Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Srim Nilapataka Nityaa Devata Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the

first 201 to 220 names of Trishati names should be read.

201. Om Hrimkarinyai Namah
202. Om Hreenkaradyayai Namah
203. Om Hrimmadhyayai Namah
204. Om Hrimshikhamanyai Namah

205. Om hrimkarakundagnishikhayai namah
206. Om Hrimkarasasichandrikayai Namah
207. Om Hrimkarabhaskararuchyai Namah
208. Om hrimkarambhodchanchalayai namah
209. Om hrimkarakandaamkurikayai namah
210. Om hreemkaraikaparanayai namah
211. Om Hrimkaradhirdhikahamsyai Namah
212. Om hreenkarodyanakekinyai namah
213. Om hreemkaraanyaharinyai namah
214. Om hreemkaraavaalavallaryai namah
215. Om Hrimkarapanjarasukyai Namah
216. Om hreenkaranganadeepikayai namah
217. Om Hrimkarakandarasimhyai Namah
218. Om hrimkarambhojabhringikayai namah
219. Om hreenkarasumanomadhvyai namah
220. Om Hrimkaratharumanjaryai Namah



12. Twelfth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Srim Vijayaa Nithya Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 221 to 240

names of Lalitha Trishati names should be read.

221. Om sakarakhyayai namah
222. Om Samarasaayai Namah
223. Om sakalagamasamstutayai namah
224. Om Sarvavedanta Taatparyabhumiya Namah
225. Om Sadasadasarayayai Namah
226. Om Sakalayai Namah
227. Om Satchidanandayai Namah
228. Om Sadhyayai Namah
229. Om Sadgathidainyai Namah
230. Om sanakaadimunidhyeyayai namah
231. Om Sadasivakutumbinyai Namah
232. Om Sakalaadhistanarupayai Namah
233. Om Satyarupayai Namah
234. Om Samaakrityai Namah
235. Om Sarvapranchanirmaatryai Namah
236. Om Samanadhikavarjitayai Namah
237. Om Sarvothungayai Namah
238. Om sangahinaai namah
239. Om Sagunayai Namah
240. Om Sakaleshtadayai Namah

13. Thirteenth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Srim Sarvamangala Nitya



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Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami Here, the first 241 to 260 names of Trishati names should be read.

241. Om Kakarinyai Namah
242. Om Kavyalolaayai Namah
243. Om Kameswaramanoharayai Namah
244. Om kameswaraprananadhyai namah
245. Om kamesotsangavasinyai namah
246. Om kamesvaralingithangyai namah
247. Om kameswarasukhapradayai namah
248. Om kameswarapranayinyai namah
249. Om Kamesvaravilasinyai Namah
250. Om kamesvaratapassiddhyai namah
251. Om kameswaramanahpriyayai namah
252. Om kameswaraprananathayai namah
253. Om kamesvaravimohinyai namah
254. Om kameswara brahmavidyayai namah
255. Om kameswaragriheshwaryai namah
256. Om kamesvarahladakaryai namah
257. Om kameswaramaheshwaryai namah
258. Om Kameshwaryai Namah
259. Om kamakotinilayai namah
260. Om Kankshitarthadayai Namah



14. Fourteenth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Srim Jwalamalini Nitya Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 261 to 280

names of Lalitha Trishati names should be read.

261. Om Lakarinyai Namah
262. Om Labdharupayai Namah
263. Om Labdhadhiye Namah
264. Om Labdhavanchitaayai Namah
265. Om Labdhapapamanodoorayai Namah
266. Om Labdhahamkaradurgamaayai Namah
267. Om Labdhashaktyai Namah
268. Om Labdhadehayai Namah
269. Om Labdhaishwaryasamunnatyai Namah
270. Om Labdhabuddhyai Namah
271. Om labdhaleelayai namah
272. Om Labdhayauvanashalinyai Namah
273. Om labdhaatisayasarvangasoundaryayai namah

274. Om labdhavibhramaayai namah
275. Om Labdharaagayai Namah
276. Om Labdhagatyai Namah
277. Om Labdhananaagamasthityai Namah
278. Om Labdhabhogayai Namah
279. Om Labdhasukhayai Namah
280. Om labdhaharshabhipujitayai namah



15. Fifteenth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hreem Sreem Chitraa Nityaa Devta Prityartham Vishala Drikpatha Siddhyarthe Pushpaih Pujayami. Here, the first 281 to 300 names of

Trishati names should be read.

281. Om Hreemkaramurtyai Namah
282. Om himkarasaudhasringakapotikayai namah
283. Om Himkaradugdhabdhisudhaayai Namah
284. Om Himkarakamalendiraayai Namah
285. Om Hreemkamanidiparchishe Namah
286. Om Himkaratarusharikayai Namah
287. Om Hreenkarapetakamanyai Namah
288. Om hreenkaradarshabimbikayai namah
289. Om Himkarakosaasilatayai Namah
290. Om Himkaraasthaanartakayai Namah
291. Om hreenkarashuktika muktamanyai namah
292. Om Himkarabodhitayai Namah
293. Om Hreenkaramayasaurnastambavidhima putrikayai namah
294. Om Himkaravedopanishade Namah
295. Om himkaradhvaradakshinaayai namah
296. Om himkaranandanaaraamanavakalpaka vallaryai namah
297. Om himkarahimavadgangayai namah
298. Om hreemkarnavakaustubhayai namah
299. Om hreenkamantrasarvasvayai namah
300. Om Hreenkaraparasaukhyadayai Namah



16. Sixteenth Suvasini should be worshipped with blooming flowers while chanting following mantra: Aim Hrim Srim Mahanitya Nitya Devta Prityartham Vishala



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Drikpatha Siddhyarthe Pushpaih Pujayami. Here Lalitha Ashtottaram or Lalitha Sahasranamam must be recited

17. Dhoopa (Incense)

Lighted incense should be offered to first suvasini while chanting:

Kameswari Nitya Devataapritiyartham Arishadvarga Virsarajana Yogyata Siddhyarthe Dhupamaghrapayami.

In the same way, worshipers sitting in front of other suvasinis should offer the incense to Nitya after changing the name of Nitya like Bhagamalini and so on.

18. Diya (the lamp)

Lamp should be offered to first suvasini while chanting:

Kameswari Nitya Devata Prityartham Antahkarana Darshana Yogyata Siddhartham Deepam Darsayami.

Similarly, the worshipers sitting in front of other suvasinis should offer the lamp to Nitya after changing the name of Nitya like Bhagamalini and so on.

19. Naivedyam (food offering)

First Suvasini should be offered with sweet food and fruits while chanting:

Kameshwari Nitya Devata Prityartham Aatma Nivedanaardham Yathashakti Naivedyam Nivedayami

Similarly, worshipers sitting in front of other suvasinis should offer the sweet food and fruits to Nitya after changing the name of Nitya like Bhagamalini and so on.

20. Tambulam

First Suvasini should be offered tambulam while chanting:

Kameswari Nitya Devata Prityartham Tambulam Samarpayami.

In the same way, worshipers sitting in front of other suvasinis should offer Tambulam to Nitya after changing the name of Nitya like Bhagamalini and so on.

21. Harati

First Suvasini should be offered harati by singing at least two stanzas of a song in one of the 16 ragams, and chanting:

Kameshwari Nitya Devata Prityartham Ananda Karpura Neerajanam Darsayami.

Similarly the worshipers sitting in front of other suvasinis should give aarti to the Suvasins by singing at least two stanzas of a song in one of the remaining 16 ragams and also changing Nitya's name like Bhagamalini and so on.

In this way, while giving aarti to the 16 Suvasins one after the other, each one should sing at least two stanzas of some song in each of the 16 ragams.

1. bouli	9. Ananda Bhairavi
2. mohana	10. Maayamalava Goula
3. hamsadhwani	11. Kalyana Vasantha
4. Hindolam	12. Sindhu Bhairavi
5. Lalita	13. Abheri
6. Amritavarshini	14. Kalyani
7. Revathi	15. Kambhoji
8. Jayantashree	16. Madhyamavati



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17. Mantrapushpa

Katyayanaya Vidmahe Kanyakumari Dhimahi, Tanno Durgih Prachodayat
Kulakumari vidmahe mantrakoti sudhimahi tannah kauli prachodayat
Tripurasundari Vidmahe Peethakamini Dhimahi Tannah Klinne Prachodayat
Nityadevi Siddhi Dwara, Hamsa Mantra Yoga Siddhyartham Mantra Pushpam Samarpayami.

Saying that, all the worshipers should simultaneously offer flowers on the feet of their respective
Nitya deities in the form of suvasini.

Samapana (submission)

Taking akshatas in right hand and chanting the following mantra, one should pour water (using left
hand) into right hand to drop the akshatas and water into a plate:

Mantraheenam, kreeyaheenam, bhakti heenam, shradhaa heenam, dravya heenam, Yatpujitam
Maya Devi paripoornam tadastute.

Anena mayakrita etat vishesha shodasa suvasini pooja phala dwara, asmin gruhe, asmin bandhu
jana gruhe, nitya saubhagya siddhyartham, sarvam Sri Jaganmaatharpana mastu.

Om Shantih Shantih Shantih

