



# SriVidya Learning Centre



## Sri Guru Karunamaya

*Sri Guru Karunamaya, a world-renowned Sri Vidya Guru, has been devotedly practicing and teaching Sri Vidya for 40 years.*

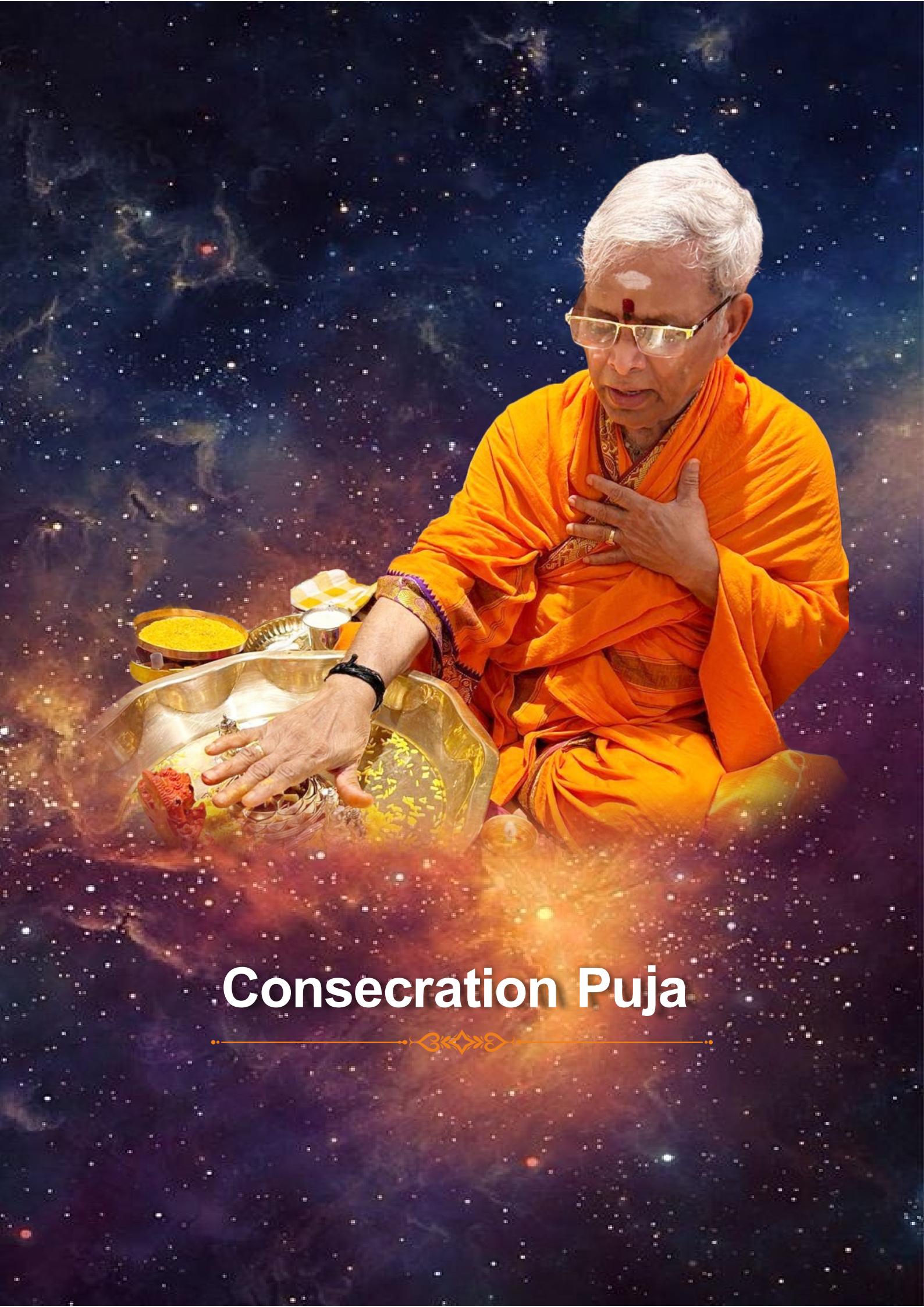
*As a world-renowned spiritual guru, he tirelessly travels, illuminating the sacred Vedic science of Srividya and welcoming individuals from all castes and religions into its fold.*

[www.srimeru.org](http://www.srimeru.org)  
srimeru999@gmail.com

More Informations call us

 +91 8088 25 66 32

# 27&28, Chairman Rajamanikyam Street, Kanchipuram, Tamil Nadu - 631502, India.



# Consecration Puja

---



# Pooja for Consecration of Idols and Yantras

**Sreematre namaha**

**Sree gurubhyo namaha**

**Shodashopachara Puja**

**Prana Pratishta** (Shodashopachara puja to be performed for first 5 days)

**Sixth day Shodashopachara Puja & Kalavahanam**

## 1. Meditation of Guru

If Guru Mantra Deeksha was taken, Guru Mantra should be recited twice; if not, the following shloka should be recited twice, either with Guru Mudra or Namaskara Mudra.

Gururbrahma, Gururvishnuh, Gururdevo Maheshwarah,

Gurussakshat Parabrahma, Tasmai Sri Gurave Namah.

## 2. Meditation of Lord Ganapati

If Ganapati Mantra Deeksha was taken, Ganapati Mantra should be recited four times with Namaskara Mudra; if not, the following sloka should be recited once.

Shuklambaradharam Vishnum, Sashivarnam Chaturbhujam,

Prasanna Vadanan Dhyayet, sarva vighnopashantaye.

## 3. Achamana

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time drinking water without touching the upper lip.

Aim Atma Tatvaya Swaha

Kleem Vidya Tatvaya Swaha

Sauh Shiva Tatvaya Swaha

Now while reciting the following mantra, pour water in the right hand and drop through the gap between middle finger and ring finger into the plate.

Aim kleem sauh sarva tatvebhyah svaha

## 4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (Om bhurbhuvasvah tatsa vithurvarenyam, bhargo devasya dhimahi, dhiyoyonah prachodayat).

Close the right nostril with the right thumb, hold the breath, and chant the Gayatri mantra twice.

Open the left nostril and exhale through it, chanting the Gayatri Mantra once.

Finally, after exhaling the air completely, chant the Gayatri Mantra once, holding the breath (no

inhaling or exhaling).

Repeat the above process by inhaling again through the left nostril. It is one pranayama. If you do this process three times every day for few years, you will get a dynamic divine body according to the Shastras.

### 5. Sankalpa

Take Akshata mixed with Turmeric in the right hand, close the first, place the right fist on the left palm, keep both together on the right thigh, and say the following sankalpa:

**Mama Upatta Samastha Duritakshaya Dwara, Sri Lalitha Parameshwari Muddishya, Sri Lalitha Parameshwari Devataa Anugraha Siddhyrthyam, Yatha Shakti Sri Lalitha Parameshwari Devata Prana Pratishta Poojamcha Karishye.**

After chanting the above mantra, akshatas mentioned above should be dropped into a plate along with water.

( Note : You need to replace the name of the corresponding God/Goddess in the above Sankalpa) Shows

#### 1. Meditation

Taking akshatas in right hand, place them on the image of Goddess Mother while chanting:

“Aim Hreem Srim Sri Matre Namah ”

#### 2. Invocation

Taking akshatas in right hand,

“Aim Hreem Srim Sri Matre Namah Awahayami ”

Saying that, Akshatas should be placed on the image of Goddess.

#### 3. Asana

Taking akshatas in right hand,

“Aim Hreem Srim Sri Matre Namah Navaratna Khachita Simhasanam Samarpayami ”

Saying that, Akshatas should be placed on the image of Goddess Mother.

#### 4. Padyam

Feeling as if washing the feet of Goddess Mother,

“Aim Hreem Srim Sri Matre Namah Padyam Samarpayami ”

Saying that, water should be sprinkled with flowers on the image of Amma.

#### 5. Arghyam

Feeling that Goddess Mother’s hands are being washed,

“Aim Hreem Srim Sri Matre Namah Arghyam Samarpayami ”

Saying that, water should be sprinkled with flowers on the image of the goddess.

#### 6. Achamanam

Feeling that we are offering drinking water to Goddess Mother ,

“Aim Hreem Srim Sri Matre Namah Achamanam Samarpayami ”

Saying that, you should show water from a uddarini to the idol (or yantra) and drink that water.



## 7. Bath

Imagining that Mother is being bathed,

“Aim Hreem Srim Sri Matre Namah Snapayami”

Saying that, Mother's Yantra / idol should be sprinkled with water or panchamrita while chanting “Aim Hreem Srim Sri Matre Namah” for 15 times.

(Panchamrita – a mixture of cow's milk, cow's curd, cow's ghee, honey, and sugar)

## 8. Clothes

Take a flower or akshata in the right hand, assuming that you are offering garments to the Goddess, chant the following mantra and place the flower/akshatas on top of the idol or yantra

“Aim Hreem Srim Sri Matre Namah Vastram Samarpayami / Vasthartham Pushpam / Akshatan Samarpayami”

## 9. Ornament

Taking a flower or akshatas in the right hand, assuming to be offering ornaments to the goddess,

“Aim Hreem Srim Sri Matre Namah Abharanarthe Pushpam / Akshatan Samarpayami”

Saying that flower or Akshatans should be placed on idol or yantra.

## 10. Sandalwood Powder

Taking the sandalwood with the flower, imagining that we are applying sandalwood powder to the neck of the Goddess Mother:

“Aim Hreem Srim Sri Matre Namah Gandham Samarpayami”

Saying that, apply the powder on Mother's yantra or idol.

## 11. Saffron

Thinking of offering saffron to Goddess,

“Aim Hreem Srim Sri Matre Namah Kumkuman Samarpayami”

Saying that, saffron should be placed on Goddess Mother's yantra/idol

(Here, it is good to chant Lalita Sahasra Naamam, trishati, or khadgamala stotra if possible)

## Incense

Light the incense stick, extinguish the flame,

“Aim Hreem Srim Sri Matre Namah Dhupamaghrapayami”

Saying that, incense should be shown to Amma.

## 12. the lamp

Taking the lamp in the hand and holding it above the heart,

“Aim Hreem Srim Sri Matre Namah Deepam Samarpayami”

Saying that, the lamp should be shown to Goddess Mother.

## 13. offering (Naivedya)

One should keep the fruits / pakwannams (freshly cooked material) in a platter and sprinkle water around the platter (from left to right) and recite the mantra given below.

Om bhurbhuvassuvah tatsaviturvarenyam bhargodevasya dhimahi dhiyoyonah prachodayat  
 Om Apojyoti Rasomrita Brahma Bhurbhuvassuvarom  
 Then, saying amritamastu , a drop of water should be sprinkled on the offering.  
 Then the following mantra should be chanted while sprinkling water around the offering  
 Amruto pastaranmasi, satyanta varthena parishinchami (while making offerings during the day)  
 Amruto pastaranmasi, rutantaatvartena parishinchami (while making oblations at night)  
 "Aim Hreem Srim Sri only Namah Naivedyam Marpayami "  
 saying, Then one should recite the following mantras and offer the naivedyam to the Goddess six times.

Om Pranaya Swaha  
 Om Apanaya Swaha  
 Om Vyanaya Swaha

Om Udhanaya Swaha  
 Om Samanaya Swaha  
 Om Brahmane Swaha

After making this oblation, taking the water with one uddarina, thinking that we are offering water to the Goddess to drink,

You should show the water from the Uddharina to the goddess and accept that water, saying that "madhye madhye paaneyam samarpayami"

- Then, sprinkling water around the plate in an aparadakshina (right to left) manner, one should say Amritapidhanamasi Uttaraposhanam Samarpayami .
- Thinking that the hands of the Goddess are being washed, saying Hastau Prakshalayami , show the water to the Goddess with a raised voice and release it in the plate.
- Feeling that the feet of the Goddess are being washed, one should show the water to the Goddess with a uddarina and say Padau Prakshalayami and release it in the pan.
- Thinking that we are giving water to the Goddess to drink, saying Achamaniyam Samarpayami , one should show the water to the Goddess and release it in the plate.

#### 14. mantrapushpam

Taking flowers or akshatas in hand,

"Katyayanaya Vidmahe Kanyakumari Dhimahi Tanno Durgi Prachodayat "

"Kulakumari Vidmahe mantrakoti Sudhimahi Tanna Kouli Prachodayat "

"Thripura Sundari Vidmahe Pithakamini Dhimahi Tanna Klynne Prachodayat "

"Aim Hreem Srim Sri Matre Namah Mantrapushpam Samarpayami "

After saying that, those flowers or Akshatas should be placed on the image of the Lord/Goddess.

#### 15. Nirajana

The camphor should be lighted and shown to the Goddess while chanting the following mantras.

“Aim Hreem Srim Sri Matre Namah Neerajanam Samarpayami”

- Here you can sing any Harati song.
- Then release a drop of water in the plate.
- Applying the heat of the arati to the eyes with both hands, one should say “Raksham Dharayami”.
- Finally, take the Akshatas in the right hand and pour water as a thin stream from the top of the Akshatas. Water and Akshats – should flow into a plate through the passage between the middle and ring fingers. While doing this the following mantra should be recited.

“ Mantra heenam, Kriya heenam, Bhakti heenam, Shraddha heenam, Dravya heenam Parameswara, Yat Pujitam Maya Deva paripoornam tadastute. Maya Krita Shodashopachara Pooja Phalam Sarvam Sri Maata Arpanamastu ”

- Om Purnamathaha Purnamidam Purnat Purnamudachyate, Purnasya Poornamadaya Poornameva Avashishyate

Om Shantih Shantih Shantih

**Note:** For the first 5 days, Shodhashopacharapuja needs to be performed in this way.

- **First Day - in the water**
- **Second Day - in milk**
- **Third Day - in grain (rice grain)**
- **Fourth Day - in flowers**
- **Fifth Day - on Sheyya (bed) ... as instructed by Guruji in the video**

On the sixth day Shodashopachara Pooja, after anointing Goddess Mother, kalavahana should be performed by touching with Darbha in respective positions

(as instructed by Guruji in the video)

[https://www.youtube.com/live/hCsTCtU0ZG4?si=N0NL\\_HQ7gq6bC0HG](https://www.youtube.com/live/hCsTCtU0ZG4?si=N0NL_HQ7gq6bC0HG)

### Sixth day Shodashopachara Puja – Kalavahanam

#### **1. Meditation of Guru**

If Guru Mantra Deeksha was taken, Guru Mantra should be recited twice; if not, the following shloka should be recited twice, either with Guru Mudra or Namaskara Mudra.

Gururbrahma, Gururvishnuh, Gururdevo Maheshwarah,

Gurussakshat Parabrahma, Tasmai Sri Gurave Namah.

## 2. Meditation of Lord Ganapati

If Ganapati Mantra Deeksha was taken, Ganapati Mantra should be recited four times with Namaskara Mudra; if not, the following sloka should be recited once.

Shuklambaradham Vishnum, Sashivarnam Chaturbhujam,  
Prasanna Vadanam Dhyayet, sarva vighnopashantaye.

## 3. Achamana

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time drinking water without touching the upper lip.

Aim Atma Tatvaya Swaha

Kleem Vidya Tatvaya Swaha

Sauh Shiva Tatvaya Swaha

Now while reciting the following mantra, pour water in the right hand and drop through the gap between middle finger and ring finger into the plate.

Aim kleem sauh sarva tatvebhyah svaha

## 4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (Om bhurbhuvasvah tatsa vithurvarenyam, bhargo devasya dhimahi, dhiyoyonah prachodayat).

Close the right nostril with the right thumb, hold the breath, and chant the Gayatri mantra twice.

Open the left nostril and exhale through it, chanting the Gayatri Mantra once.

Finally, after exhaling the air completely, chant the Gayatri Mantra once, holding the breath (no inhaling or exhaling).

Repeat the above process by inhaling again through the left nostril. It is one pranayama. If you do this process three times every day for few years, you will get a dynamic divine body according to the Shastras.

## 5. Sankalpa

Take Akshata mixed with Turmeric in the right hand, close the first, place the right fist on the left palm, keep both together on the right thigh, and say the following sankalpa:

**Mama Upatta Samastha Duritakshaya Dwara, Sri Lalitha Parameshwari Muddishya, Sri Lalitha Parameshwari Devataa Anugraha Siddhyrthyam, Yatha Shakti Sri Lalitha Parameshwari Devata Prana Pratishta Poojamcha Karishye.**

After chanting the above mantra, akshatas mentioned above should be dropped into a plate along with water.

( Note : You need to replace the name of the corresponding God/Goddess in the above Sankalpa)

Shows

### 1. meditation

Taking akshatas in right hand, place them on the image of Goddess Mother while chanting:

“Aim Hreem Srim Sri Matre Namah”

## 2. Invocation

Taking akshatas in right hand,

“Aim Hreem Srim Sri Matre Namah Awahayami”

Saying that, Akshatas should be placed on the image of Goddess.

## 3. Asana

Taking akshatas in right hand,

“Aim Hreem Srim Sri Matre Namah Navaratna Khachita Simhasanam Samarpayami”

Saying that, Akshatas should be placed on the image of Goddess Mother.

## 4. Padyam

Feeling as if washing the feet of Goddess Mother,

“Aim Hreem Srim Sri Matre Namah Padyam Samarpayami”

Saying that, water should be sprinkled with flowers on the image of Amma.

## 5. Arghyam

Feeling that Goddess Mother’s hands are being washed,

“Aim Hreem Srim Sri Matre Namah Arghyam Samarpayami”

Saying that, water should be sprinkled with flowers on the image of the goddess.

## 6. Achamanam

Feeling that we are offering drinking water to Goddess Mother ,

“Aim Hreem Srim Sri Matre Namah Achamanam Samarpayami”

Saying that, you should show water from a uddarini to the idol (or yantra) and drink that water.

## 7. Bath

Imagining that Mother is being bathed,

“Aim Hreem Srim Sri Matre Namah Snapayami”

Saying that, Mother's Yantra / idol should be sprinkled with water or panchamrita while chanting “Aim Hreem Srim Sri Matre Namah” for 15 times.

(Panchamrita – a mixture of cow's milk, cow's curd, cow's ghee, honey, and sugar)

(After the bath, Kalavahana should be performed on Goddess Mother’s idol/yantra by touching with Darbha in different positions, as shown in Guruji’s video)

## Agni kala aavaahanam

### Mooladhaaram (Genitals)

1. Aim hreem sreem	yam	dhoomraachise	namaha
2. Aim hreem sreem	ram	ooshmaayai	namaha
3. Aim hreem sreem	lam	jvalinyai	namaha
4. Aim hreem sreem	vam	jvaalinyai	namaha
5. Aim hreem sreem	Sam	visphulinginyai	namaha



6.	Aim hreem sreem	sham	susriyai	namaha
7.	Aim hreem sreem	sam	suroopaayai	namaha
8.	Aim hreem sreem	ham	kapilaayai	namaha
9.	Aim hreem sreem	Lam	havya vaahaayai	namaha
10.	Aim hreem sreem	ksham	kavya vaahaayai	namaha

**Soorya kala aavaahanam:**

**Anaahatham(Heart)**

1.	Aim hreem sreem	kam bham	tapinyai	namaha
2.	Aim hreem sreem	kham bam	taapinyai	namaha
3.	Aim hreem sreem	gam pham	dhoomraayai	namaha
4.	Aim hreem sreem	gham pam	mareechyai	namaha
5.	Aim hreem sreem	gnam nam	jvaalinyai	namaha
6.	Aim hreem sreem	cham dham	ruchyai	namaha
7.	Aim hreem sreem	ccham dam	sushumnaayai	namaha
8.	Aim hreem sreem	jam tham	bhogadaayai	namaha
9.	Aim hreem sreem	jham tam	viswaayai	namaha
10.	Aim hreem sreem	Jnam Nam	bodhinyai	namaha
11.	Aim hreem sreem	tam dham	Dhaarinyai	namaha
12.	Aim hreem sreem	tham dam	kshamaayai	namah

**Chandra kala aavaahanam**

**VISUDDHI (Neck area)**

1.	Aim hreem sreem	am	amrutaayai	namaha
2.	Aim hreem sreem	aam	maanadaayai	namaha
3.	Aim hreem sreem	im	pooshaayai	namaha
4.	Aim hreem sreem	eem	tushtyai	namaha
5.	Aim hreem sreem	um	pushtyai	namaha
6.	Aim hreem sreem	oom	rathyai	namaha
7.	Aim hreem sreem	arum	dhrutyai	namaha
8.	Aim hreem sreem	aroom	Sasinyai	namaha
9.	Aim hreem sreem	alum	chandrikaayai	namaha
10.	Aim hreem sreem	aloom	kaanthyai	namaha
11.	Aim hreem sreem	em	jyothsnaayai	namaha
12.	Aim hreem sreem	aim	sreeyai	namaha
13.	Aim hreem sreem	om	preethyai	namaha
14.	Aim hreem sreem	aum	angadaayai	namaha



15. Aim hreem sreemaha	poornaayai	namaha
16. Aim hreem sreemaham	poornaamrtaayai	namaha

### **Sapta mandala aavaahanam**

1. Aim hreem sreem Sree maatre namaha namah samastha bhoo mandalaan aavahayami (mooladhaara – Earth)
2. Aim hreem sreem Sreemaatrenamah namah samastha aapo mandalaan aavahayami (Svaadhisthaana – Ocean )
3. Aim hreem sreem Sreemaatrenamah namah samastha tejo mandalaan aavaahayaami ( Manipoora – Fire )
4. Aim hreem sreem Sreemaatrenamah namah samastha vaayu mandalaan aavaahayaami (Anaahatha – air )
5. Aim hreem sreem Sreemaatrenamah namah samastha aakaasa mandalaan aavaahayaami ( Visuddhi – Space )
6. Aim hreem sreem Sreemaatrenamah namah samastha bhootha, bhavishyath, varthamaana, kaala mandalaan aavaahayaami (Aajnaa – Mind )
7. Aim hreem sreem Sreemaatrenamah namah samastha sri sudhaa mandalaan **aavaahayaami ( Sahasraara - Universe )**

### **Moolaadhaaram(Brahma Kala)**

1. Aim hreem sreem	srushtyai	namah
2. Aim hreem sreem	Rudhyai	namah
3. Aim hreem sreem	smruthyai	namah
4. Aim hreem sreem	medhaayai	namah
5. Aim hreem sreem	kaanthyai	namah
6. Aim hreem sreem	lakshmyai	namah
7. Aim hreem sreem	dhruthyai	namah
8. Aim hreem sreem	sthiraayai	namah
9. Aim hreem sreem	sthithyai	namah
10. Aim hreem sreem	siddhyai	namah

### **Swadhisthanam ( Vishnu kala )**

1. Aim hreem sreem	jaraayai	namah
2. Aim hreem sreem	paalinyai	namah
3. Aim hreem sreem	saantyai	namah
4. Aim hreem sreem	eeSwaryai	namah
5. Aim hreem sreem	ratyai	namah
6. Aim hreem sreem	kaamikaayai	namah
7. Aim hreem sreem	varadaayai	namah
8. Aim hreem sreem	hlaadinyai	namah



**SRIVIDYA JNANA PEETHAM**  
(A Subsidiary of Soundarya Lahari Trust)

9. Aim hreem sreem	preetyai	namah
10. Aim hreem sreem	deerghaayai	namah

**Mani pooram ( Rudra Kala )**

1. Aim hreem sreem	teekshnaayai	namah
2. Aim hreem sreem	roudraayai	namah
3. Aim hreem sreem	bhayaayai	namah
4. Aim hreem sreem	nidraayai	namah
5. Aim hreem sreem	tandriyai	namah
6. Aim hreem sreem	kshudaayai	namah
7. Aim hreem sreem	krodhinyai	namah
8. Aim hreem sreem	kriyaayai	namah
9. Aim hreem sreem	udgaaryai	namah
10. Aim hreem sreem	mrutyave	namah

**Anaahatham ( Eswara Kala )**

1. Aim hreem sreem	peetaayai	namah
2. Aim hreem sreem	swetaayai	namah
3. Aim hreem sreem	arunaayai	namah
4. Aim hreem sreem	asithaayai	namah

**Visuddhi ( Sadaasiva Kala )**

1. Aim hreem sreem	nivrutyai	namah
2. Aim hreem sreem	pratishtyaayai	namah
3. Aim hreem sreem	vidyaayai	namah
4. Aim hreem sreem	Saantyai	namah
5. Aim hreem sreem	Indhikaayai	namah
6. Aim hreem sreem	deepikaayai	namah
7. Aim hreem sreem	rechikaayai	namah
8. Aim hreem sreem	mochikaayai	namah
9. Aim hreem sreem	paraayai	namah
10. Aim hreem sreem	sookshmaayai	namah
11. Aim hreem sreem	sookshmaamrutaayai	namah
12. Aim hreem sreem	jnaanaayai	namah
13. Aim hreem sreem	jnaanaamrutaayai	namah
14. Aim hreem sreem	aapyaayinyai	namah
15. Aim hreem sreem	vyaapinyai	namah
16. Aim hreem sreem	vyoma rupaayai	namah

## **Pamcha brahma aavaahanam**

### **Brahma Mantra ( Center of Muladhara )**

Aim hreem sreem Hagm saSuchishad vasuh Antariksha saddhothaa vedishath atithir durona sath nrusadvvara sadrutha sadvyoma sadabjaa gojaa rruthaja adrijaa rrutham bruhath namah.

### **Vishnu Mantra ( Center of Svaadhishthaana )**

Pratad Vishnu sthavathe veeryaaya mrugona bheemah kucharo girishthaah yasyorushu trishu vikramaneshu adikshayanti bhuvanaani visvaa namah.

### **Rudra Mantra ( Center of Manipura )**

Trayambakam yajaamahe sugandhim pushti vardhanam, Urvaaruka miva bandhanaath, mrutyor muksheeya maamruthaath namah

### **Eswara Mantra ( in the center of Anahatha )**

Tad vishnoh paramam padagm sadaa pasyanthi soorayah diveeva chakschuraatataam tadvipraaso vipanyavo jagruvaagum sah samindhathhe vishnor yath paramam padam namah

### **Sadaasiva Mantra ( in the center of Visudhi )**

Vishnur yonim kalpayathu tvashtaa roopaani pigum sathu aasinchathu prajaapathir dhaathaa garbham dadaathuthe , garbham dehi sinee vaali garbham dehi saraswathi garbhamthe ashwinow devaa vaadhathaam pushkara srajaah namah

### **Devi KALA(Aajna)**

Aim hreem sreem sree matre namah

1. Siva KALA, ( from Siva Paadam )

Aim hreem sreem, Akhandaika rasaananda kare para sudhaatmani swachanda sphuranaamatra nidhehi akula naayike namah.

2. Shakthi KALA, ( from shakthi paadam )

Aim hreem sreem Akulasthaamruthaakaare suddha jnaana kare pare amruthathvam nidhehi asmin vasthuni klinna roopini namah.

3. Siva Shakthi Saamarsya kala (from between feet )

Aim hreem sreem tadroopini Ekarasyatvam krutvaa hethath svaroopinee bhootvaa paraamruthakaaraa mayi chith sphuraNam kuru namah.

### **Amrutha Kalaavaahanam**

1. Karuna Rasaamritha kala( from Devi's eyes )

Aim hreem sreem, aim bloom jhroum jum sah amruthodbhavem amrutesvaree amrutha varshini amrutham sraavaya sraavaya svaaha namah.

2. Sangeetha Sudhaarasaamritha Kala(From Devi's lips)

Aim hreem sreem Aim vada vada vaagvaadinee aim

3. Maathru Ksheera Dhaara kala(From the breasts of mother)

Aim hreem sreem kleem klinne kledini kledaya kledaya

maaha kshobham kuru kuru kleem

4. Janma Raahitya kala(From the moolaadhaara)

Aim hreem sreem souh moksham kuru kuru souh

5. Guru Paadukaa kala(From the feet of the mother)

Aim hreem sreem hasaum(right leg) sahauh ( left leg ) namah

### **Praana pratishtha**

Taking flowers and akshath into the hand, keeping the hand at your heart, this following mantra is to be chanted and then the flowers are to be offered at Bindu sthana.

Aim hreem sreem, Hrudchakrasthaam atmah sushumnaam padmaataavee bhedana kusalaam mohaandhakaara paripamdhini samvidagnim siva deepa jyothi rupineem, Adi paraa samvidam chidroopineem sree lalithaayai namah, dhyaayaami.

Aim hreem sreem, ka ye ee la hreem ha sa ka ha la hreem sa ka la hreem

Aim hreem sreem, lalithaayai amrutha chaitanya moorthim kalpayaami namah

Aim hreem sreem, hasraim hasrakleem, hasra souh namah.

Aim hreem sreem, mahaa padmaa vanaamthasthe kaaranaananda vigehe sarva bhootha hithe maathar Ehyehi Parameswaree Sree Lalithaa paraa chaitanyam aavaahayaami.

### **Devi Avaahanam.**

Bindu chakre, sreemath kaamesvaraamke, sree lalithaa paraa chaitanyam aavaahayaami.

Sri devi poojaartham, sri chakra gatha sarva aavarana devathaan aavaahayaami.

Indraadi loka paalakaan aavaahayaami.

Divya siddha maanavougha guroon aavaahayaami.

Samastha desa kaala praani gatha chaitanyaan aavaahayaami.

Yakshinee kinnera, siddha saadhyaa gandharva apsaraadi satva guna pradhaanaan aavaahayaami.

Mahaa chatushasthi koti yoginee yogi gana sevithaan aavaahayaami.

Sringaara kaama leela sangeetha naatyaa veera goshti pradarsakaan aavaahayaami.

### **Praana pratishtha**

Om Aim hreem sreem,

aam hreem krom yam ram lam vam Sam sham sam ham

Om hamsa soham soham hamsah

Sivah sri chakrasya, mama guru devasya, sri lalitaayaah

Mama praanaah, iha praanaah

Mama jeeva iha stithah mama sarvendriyaani

Vaang manah chaksuh srotra jihvaa ghraana vaak paani paada paayoopastha lingaani,

Ihai vaagathsyaa, asmin sri chakre sukham chiram thisthanthu swaahaa.

Om asuneete punarasmaasu chakshuh punah praana mihano dhehi bhogam jyok pasyema soorya muccharanta manumate mru layaanah svasthi.

Amrutham vai praanaah  
 Amrutham apah pranaaneva  
 Yathaa sthaanam upahvayathe  
 Praana prathistaapana muhoorto sumuhoorto asthu.

Avaahito bhava, Sthaapito bhava, Suprasanno bhava, Varado bhava, AvakunTitho bhava, Sthiraasanam kuru kuru, Praseeda praseeda.

### 8. Clothes

Take a flower or akshata in the right hand, assuming that you are offering garments to the Goddess, chant the following mantra and place the flower/akshatas on top of the idol or yantra

“Aim Hreem Srim Sri Matre Namah Vastram Samarpayami / Vasthartham Pushpam / Akshatan Samarpayami ”

### 9. Ornament

Taking a flower or akshatas in the right hand, assuming to be offering ornaments to the goddess,

“Aim Hreem Srim Sri Matre Namah Abharanarthe Pushpam / Akshatan Samarpayami ”

Saying that flower or Akshatans should be placed on idol or yantra.

### 10. Sandalwood Powder

Taking the sandalwood with the flower, imagining that we are applying sandalwood powder to the neck of the Goddess Mother:

“Aim Hreem Srim Sri Matre Namah Gandham Samarpayami ”

Saying that, apply the powder on Mother's yantra or idol.

### 11. Saffron

Thinking of offering saffron to Goddess,

“Aim Hreem Srim Sri Matre Namah Kumkuman Samarpayami ”

Saying that, saffron should be placed on Goddess Mother's yantra/idol

(Here, it is good to chant Lalita Sahasra Naamam, trishati, or khadgamala stotra if possible)

### Incense

Light the incense stick, extinguish the flame,

“Aim Hreem Srim Sri Matre Namah Dhupamaghrapayami ”

Saying that, incense should be shown to Amma.

### 12. the lamp

Taking the lamp in the hand and holding it above the heart,

“Aim Hreem Srim Sri Matre Namah Deepam Samarpayami ”

Saying that, the lamp should be shown to Goddess Mother.

### 13. offering (Naivedya)

One should keep the fruits / pakwannams (freshly cooked material) in a platter and sprinkle water around the platter (from left to right) and recite the mantra given below.

Om bhurbhuvassuvah tatsaviturvarenyam bhargodevasya dhimahi dhiyoyonah prachodayat  
 Om Apojyoti Rasomrita Brahma Bhurbhuvassuvarom  
 Then, saying amritamastu , a drop of water should be sprinkled on the offering.  
 Then the following mantra should be chanted while sprinkling water around the offering  
 Amruto pastaranmasi, satyanta varthena parishinchami (while making offerings during the day)  
 Amruto pastaranmasi, rutantaatvartena parishinchami (while making oblations at night)  
 "Aim Hreem Srim Sri only Namah Naivedyam Marpayami "  
 saying, Then one should recite the following mantras and offer the naivedyam to the Goddess six times.

Om Pranaya Swaha  
 Om Apanaya Swaha  
 Om Vyanaya Swaha  
 Om Udhanya Swaha  
 Om Samanya Swaha  
 Om Brahmane Swaha

After making this oblation, taking the water with one uddarina, thinking that we are offering water to the Goddess to drink,

You should show the water from the Uddharina to the goddess and accept that water, saying that "madhye madhye paaneeyam samarpayami"

- Then, sprinkling water around the plate in an aparadakshina (right to left) manner, one should say Amritapidhanamasi Uttaraposhanam Samarpayami .
- Thinking that the hands of the Goddess are being washed, saying Hastau Prakshalayami , show the water to the Goddess with a raised voice and release it in the plate.
- Feeling that the feet of the Goddess are being washed, one should show the water to the Goddess with a uddarina and say Padau Prakshalayami and release it in the pan.
- Thinking that we are giving water to the Goddess to drink, saying Achamaniyam Samarpayami , one should show the water to the Goddess and release it in the plate.

#### **14. mantrapushpam**

Taking flowers or akshatas in hand,

"Katyayanaya Vidmahe Kanyakumari Dhimahi Tanno Durgi Prachodayat "  
 "Kulakumari Vidmahe mantrakoti Sudhimahi Tanna Kouli Prachodayat "  
 "Thripura Sundari Vidmahe Pithakamini Dhimahi Tanna Klynne Prachodayat "  
 "Aim Hreem Srim Sri Matre Namah Mantrapushpam Samarpayami "

After saying that, those flowers or Akshatas should be placed on the image of the Lord/Goddess.

#### **15. Nirajana**

The camphor should be lighted and shown to the Goddess while chanting the following mantras.  
 "Aim Hreem Srim Sri Matre Namah Neerajanam Samarpayami "



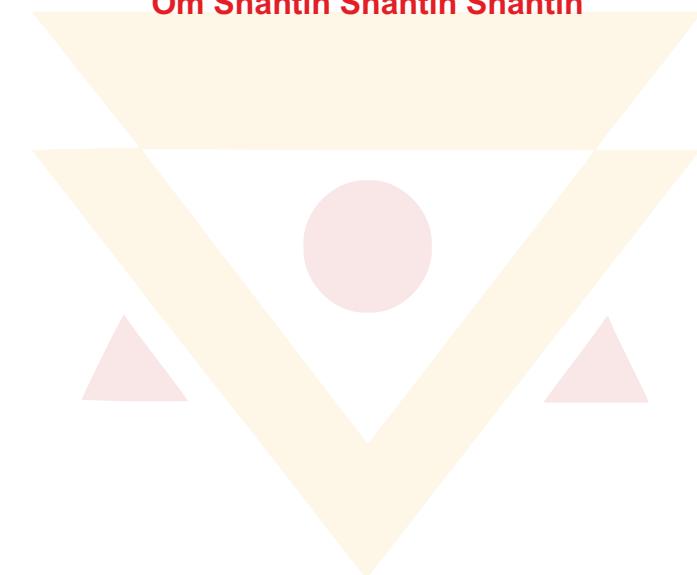
**SRIVIDYA JNANA PEETHAM**  
(A Subsidiary of Soundarya Lahari Trust)

- Here you can sing any Harati song.
- Then release a drop of water in the plate.
- Applying the heat of the arati to the eyes with both hands, one should say “ Raksham Dharayami ”.
- Finally, take the Akshatas in the right hand and pour water as a thin stream from the top of the Akshatas. Water and Akshats – should flow into a plate through the passage between the middle and ring fingers. While doing this the following mantra should be recited.

“ Mantra heenam, Kriya heenam, Bhakti heenam, Shraddha heenam, Dravya heenam  
Parameswara, Yat Pujitam Maya Deva paripoornam tadastute. Maya Krita Shodashopachara  
Pooja Phalam Sarvam Sri Maata Arpanamastu ”

- Om Purnamathaha Purnamidam Purnat Purnamudachyate, Purnasya Poornamadaya  
Poornameva Avashishyate

**Om Shantih Shantih Shantih**





## Words of treasure

**“We have not been sent into the world to create a nuisance, but to bring a new sense into the world.”**

**- Sri Guru Karunamaya**



### **SRIVIDYA LEARNING CENTRE**

#27&28 Chairman Rajamanikyam Street, Karthi Nagar,  
Near new railway station, KANCHIPURAM 2, Tamil Nadu – 631502, India.  
Ph. +91 8088 25 66 32 | [srimeru999@gmail.com](mailto:srimeru999@gmail.com) | [www.srimeru.org](http://www.srimeru.org)