

Sree Rudrabhsheka Puja and Homa Vidhanam

Sri Guru Karunamaya



Sri Vidya Learning Center, Bangalore

Laghu Rudra Puja Vidhanam

1. Guru Dhyaanam:

Recite

**"Guru Brahma Guru vishnuhu Gururdevo Maheswaraha
Guru Saakshaath Para Brahma Tasmai Sree Gurave Namaha"**

OR Guru Mantra if you have.

2. GaNapathi Dhyaanam:

Recite GaNapathi Moola Mantra 4 times OR

**Suklaambaradharam vishNum SaSivarNam chaturbujam prasanna
vadanam dhyaayeth sarva vighnopa Samtaye**

3. Aachamanam:

Take a spoonful of pure water in your right hand and drink without touching upper lip reciting

"Eim Aatma Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Kleem Vidya Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Souhu Siva Tatvaaya Swaahaa"

Pour water into a plate in such a way that water flows between your middle and ring fingers into the plate and recite

"Eim Kleem Souh Sarva Tatvebhya Swaahaa"

4. Praanaayama:

Gayatri Mantra:

OM Bhoor Bhuvah Suvaha Tat Savitur Varenyam

Bhargo Devasya Dheemahi Dhiyo Yonah Prachodayaath

- Closing your left nostril with your right ring finger breathe into the right nostril reciting Gayatri Mantra mentally once. Now close the right nostril also with your right thumb and hold the breath inside reciting Gaayatri Mantra mentally twice
- Open the left nostril and breathe out slowly reciting Gaayatri Mantra mentally once.
- Hold the breath outside without breathing in and recite Gaayatri Mantra mentally once.
- Closing your Right nostril with your right thumb and breathe into the left nostril reciting Gaayatri Mantra mentally once.

- Now close the left nostril also with your right ring finger and hold the breath inside reciting Gaayatri Mantra mentally twice.
- Open the Right nostril and breathe out slowly reciting Gayatri Mantra mentally once.
- Hold the breath outside without breathing in and recite Gayatri Mantra mentally once.

5. Samkalpam:

Take Akshatas in your right fist and keep your right fist on your left palm and keep both on your right thigh and recite

"Mama Upaatta Samastha Duritakshaya dwaaraa Rudra Parameswara preethyartham laghu vidhaanena Rudraabhisheka poojaam karishye"

Put the akshatas on Siva Linga

6. Shodachopacharam **MOOLA MANTRAM:**

Om hreem houn NamahSivaaya

1. **Om hreem houn NamahSivaaya Dhyayaami**

Place Akshataas on Siva Linga

2. **Om hreem houn NamahSivaaya Aavaahayaami**

Place Akshataas/Flowers on Siva Linga

3. **Om hreem houn NamahSivaaya Ratna Simhaasanartham**

Pushpam/Akshthaam Samarpayaami

Place Pushpam/Akshthaam at the base of Siva Linga

4. **Om hreem houn NamahSivaaya Paadyam Samarpayaami**

Apply water on Siva Linga with a flower imagining you are washing the feet of deity

5. **Om hreem houn NamahSivaaya Arghyam Samarpayaami**

Apply water on Siva Linga with a flower imagining you are washing the hands of deity

6. **Om hreem houn NamahSivaaya Achamaneeyam Samarpayaami**

Offer water with spoon to the Siva Linga imagining you are offering water to the deity for drinking and take it to yourself

7. **Om hreem houm NamahSivaaya Snaanam Snapayaami**

Sprinkle or pour water on Siva Linga with a flower. Panchaamrutam also can be used instead of water. Recite "**Om hreem houm NamahSivaaya**" 11 times while sprinkling the water **and then recite Rudram Namakam Chamakam or play the audio of Rudram Namakam and chamakam by Sri Challakere brothers sent along with this file and continue abhishekam with fruit juices ,milk ,coconut water etc**

8. **Om Namashivaya Vastraarthe pushpam/Akshatham samarpayaami**

Offer two flowers or akshatas onto Siva Linga imagining you are offering dress to wear (If you have a pair of new Dhoti and uttareeyam you can offer)

9. **Om hreem houm NamahSivaaya Aabharanaarthe pushpam/Akshatham samarpayaami**

Offer Flowers or akshatas onto Siva Linga imagining you are offering ornaments to wear

10. **Om hreem houm NamahSivaaya Gandham dhaarayaami**

Apply Sandalwood Powder onto Siva Linga

11. **Om hreem houm NamahSivaaya Pushpaih/ kumkumam poojayaami**

Recite Om hreem houm NamahSivaaya 108 times or Siva Ashottaram as below do Puja with Kumkum or flowers on Siva Linga

ōṃ	śivāya	namaḥ
ōṃ	mahēśvarāya	namaḥ
ōṃ	śambhavē	namaḥ
ōṃ	pinākinē	namaḥ
ōṃ	śaśīśēkharāya	namaḥ
ōṃ	vāmadēvāya	namaḥ
ōṃ	virūpākṣāya	namaḥ
ōṃ	kapardinē	namaḥ
ōṃ	nīlalōhitāya	namaḥ
ōṃ	śaṅkarāya namaḥ (10)	

ōṃ	śūlapāṇayē	namaḥ
ōṃ	khaṭvāṅginē	namaḥ
ōṃ	viṣṇuvallabhāya	namaḥ
ōṃ	śipiviṣṭhāya	namaḥ
ōṃ	ambikānāthāya	namaḥ
ōṃ	śrīkaṇṭhāya	namaḥ
ōṃ	bhaktavatsalāya	namaḥ
ōṃ	bhavāya	namaḥ
ōṃ	śarvāya	namaḥ
ōṃ trilōkēśāya namaḥ (20)		

ōṃ	śitikaṇṭhāya	namaḥ
ōṃ	śivāpriyāya	namaḥ
ōṃ	ugrāya	namaḥ
ōṃ	kapālinē	namaḥ
ōṃ	kāmārayē	namaḥ
ōṃ	andhakāśura	sūdanāya
ōṃ	gaṅgādharāya	namaḥ
ōṃ	lalāṭākṣāya	namaḥ
ōṃ	kālakālāya	namaḥ
ōṃ kṛpānidhayē namaḥ (30)		

ōṃ	bhīmāya	namaḥ
ōṃ	paraśuhastāya	namaḥ
ōṃ	mṛgapāṇayē	namaḥ
ōṃ	jaṭādharāya	namaḥ
ōṃ	kailāsavāsinē	namaḥ
ōṃ	kavachinē	namaḥ
ōṃ	kaṭhōrāya	namaḥ

ōṃ	tripurāntakāya	namaḥ
ōṃ	vr̥ṣāṅkāya	namaḥ
ōṃ	vr̥ṣabhārūḍhāya	namaḥ (40)

ōṃ	bhasmōddhūlita	vigrahāya	namaḥ
ōṃ	sāmapriyāya		namaḥ
ōṃ	svaramayāya		namaḥ
ōṃ	trayīmūrtayē		namaḥ
ōṃ	anīśvarāya		namaḥ
ōṃ	sarvajñāya		namaḥ
ōṃ	paramātmanē		namaḥ
ōṃ	sōmasūryāgni	lōchanāya	namaḥ
ōṃ	haviṣē		namaḥ
ōṃ	yajñamayāya		namaḥ (50)

ōṃ	sōmāya	namaḥ
ōṃ	pañchavaktrāya	namaḥ
ōṃ	sadāśivāya	namaḥ
ōṃ	viśvēśvarāya	namaḥ
ōṃ	vīrabhadrāya	namaḥ
ōṃ	gaṇanāthāya	namaḥ
ōṃ	prajāpatayē	namaḥ
ōṃ	hiraṇyarētasē	namaḥ
ōṃ	durdharṣāya	namaḥ
ōṃ	giriśāya	namaḥ (60)

ōṃ	giriśāya	namaḥ	
ōṃ	anaghāya	namaḥ	
ōṃ	bhujaṅga	bhūṣaṇāya	namaḥ

ōṃ	bhargāya	namaḥ
ōṃ	giridhanvanē	namaḥ
ōṃ	giripriyāya	namaḥ
ōṃ	kṛttivāsasē	namaḥ
ōṃ	purārātayē	namaḥ
ōṃ	bhagavatē	namaḥ
ōṃ pramathādhipāya namaḥ (70)		

ōṃ	mṛtyuñjayāya	namaḥ
ōṃ	sūkṣmatanavē	namaḥ
ōṃ	jagadvyāpinē	namaḥ
ōṃ	jagadguravē	namaḥ
ōṃ	vyōmakēśāya	namaḥ
ōṃ	mahāsēna	janakāya
ōṃ	chāruvikramāya	namaḥ
ōṃ	rudrāya	namaḥ
ōṃ	bhūtapatayē	namaḥ
ōṃ sthāṇavē namaḥ (80)		

ōṃ	ahirbudhnyāya	namaḥ
ōṃ	digambarāya	namaḥ
ōṃ	aṣṭamūrtayē	namaḥ
ōṃ	anēkātmanē	namaḥ
ōṃ	sāttvikāya	namaḥ
ōṃ	śuddhavigrahāya	namaḥ
ōṃ	śāśvatāya	namaḥ
ōṃ	khaṇḍaparaśavē	namaḥ
ōṃ	ajāya	namaḥ
ōṃ pāśavimōchakāya namaḥ (90)		

ōṃ	mṛḍāya	namaḥ
ōṃ	paśupatayē	namaḥ
ōṃ	dēvāya	namaḥ
ōṃ	mahādēvāya	namaḥ
ōṃ	avyayāya	namaḥ
ōṃ	harayē	namaḥ
ōṃ	pūṣadantabhidē	namaḥ
ōṃ	avyagrāya	namaḥ
ōṃ	dakṣādhvaraharāya	namaḥ
ōṃ	harāya namaḥ (100)	

ōṃ	bhaganētrabhidē	namaḥ
ōṃ	avyaktāya	namaḥ
ōṃ	sahasrākṣāya	namaḥ
ōṃ	sahasrapādē	namaḥ
ōṃ	apavargapradāya	namaḥ
ōṃ	anantāya	namaḥ
ōṃ	tārakāya	namaḥ
ōṃ	paramēśvarāya namaḥ (108)	

12. **Om hreem houm NamahSivaaya Dhoopam Aaghraapayaami**

Light the Incense stick put out the fire and show to Siva Linga taking a vow to reduce your anger

13. **Om hreem houm NamahSivaaya Deepam darSayaami**

Show the lamp to Siva Linga by reciting siva stotram or slokam or siva bhajan you know or simply say Om namahsivaaya 11 times

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14. **Om hreem houm NamahSivaaya Naivedyam nivedayaami**

Place fruits or cooked food or freshly made sweets in a plate and sprinkle water in clockwise direction around the plate by reciting following mantra

**Om Bhoor Bhuvah Suvaha Tat Savitur Varenyam Bhargo Devasya Dheemahi Dhiyo
Yonah Prachodayaath Om aapojyotI rasomrutam brahma bhoorbhavasuvaram**

Put a drop of water on the naivedyam and recite Amruthamastu Amruthopastarana masi
Sprinkle water in clockwise direction around the offering and recite the following mantra

satyamtvartena parishimchami - (if it is daytime)

Rutamtvatvartena parishimchami - (if it is nighttime)

Offer the naivedyam to the Devi preferably with Mudras (video attached) reciting the mantras

Om Pranaaya Swaaha

Om Apaanaaya Swaaha

Om Vyaanaaya Swaaha

Om Udaanaaya Swaaha

Om Samaanaaya Swaaha

Om Brahmane swaha

After Naivedyam Offer water with spoon to the Siva Linga imagining you are offering
water to the deity for drinking by following mantra

Madhye Madhye Paaneeyam Samrpayami

Recite the following mantra by sprinkling water in anti-clockwise direction around the plate

Amruthamastu Amruthaapidhaanamasi Uttara ouposanam samarpayaami

Hastau prakshalayami

Sprinkle water on Siva Linga with a flower imagining you are washing the hands of deity

Padau prakshalayami

Sprinkle water on Siva Linga with a flower imagining you are washing the feet of deity

Sudda aachamaneeyam samarpayami

Offer water with spoon to the Siva Linga imagining you are offering water to the deity for drinking and take it to yourself

15. Om hreem houm NamahSivaaya Mantra pushpam samarpayaami

Place Akshataas on Siva Linga along with the following mantra

Om Thathpurushaaya vidmahey Mahaadevaaya dheemahi thanno Rudra Prachodayaath

16. Om hreem houm NamahSivaaya Aananda karpooa neeraajanam darsayaami

Light camphor and show it to Siva Linga reciting moola mantra 5 times then put a drop of water on the plate and take the heat of the lighted camphor with both palms upside down and take it to your eyes. Recite

Rakshaam dharayami

Take akshataas in your right hand and pour water in a thin stream on the akshatas while reciting the following mantra, water and akshataas should flow through the way between middle and ring fingers into a plate

**Mantra heenam kriyaa heenam bhakti heenam sraddhaa heenam
dravya heenam Parameswaraa yath poojitham mayaadeva
paripoornam thadasthuthey**

Mayaakruta etat poojaa sarvam Rudra Parameswara Devata arpaNamastu

Om PoorNamathaha PoorNamidam PoorNaath PoorNamudachyate PoorNasya

PoorNamaadaaya PoorNamevaa Avasishyate

Ōm Sántih, Sántih, Sántihi.

SREE MAATRE NAMA!

Sri Rudra Laghu Homa Vidhi

• Guru Dhyaanam:

Recite

"Guru Brahma Guru vishnuhu Gururdevo Maheswaraha

**Guru Saakshaath Para Brahma Tasmai Sree Gurave
Namaha" OR Guru Mantra if you have.**

- **GaNapathi Dhyaanam:**

Recite GaNapathi Moola Mantra 4 times

**Suklaambaradharam vishNum SaSivarNam chaturbujam prasanna
vadanam dhyaayeth sarva vighnopa Saamtaye**

- **Aaachamanam:**

Take a spoonful of pure water in your right hand and drink without touching upper lip reciting

"Eim Aatma Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Kleem Vidya Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Souhu Siva Tatvaaya Swaahaa"

Pour water into a plate in such a way that water flows between your middle and ring fingers into the plate and recite

"Eim Kleem Souh Sarva Tatvebhya Swaahaa"

- **Praanaayama:**

Gayatri Mantra:

OM Bhoor Bhuvah Suvaha Tat Savitur Varenyam

Bhargo Devasya Dheemahi Dhiyo Yonah Prachodayaath

- Closing your left nostril with your right ring finger breath into the right nostril reciting Gayatri Mantra mentally once. Now close the right nostril also with your right thumb and hold the breath inside reciting Gaayatri Mantra mentally twice
- Open the left nostril and breathe out slowly reciting Gaayatri Mantra mentally once.
- Hold the breath outside without breathing in and recite Gaayatri Mantra mentally once.
- Closing your Right nostril with your right thumb and breath into the left nostril reciting Gaayatri Mantra mentally once.
- Now close the left nostril also with your right ring finger and hold the breath inside reciting Gaayatri Mantra mentally twice.
- Open the Right nostril and breathe out slowly reciting Gayatri Mantra mentally once.
- Hold the breadth outside without breathing in and recite Gayatri Mantra mentally once.

5. Samkalpam:

Take Akshatas in your right fist and keep your right fist on your left palm and keep both on your right thigh and recite

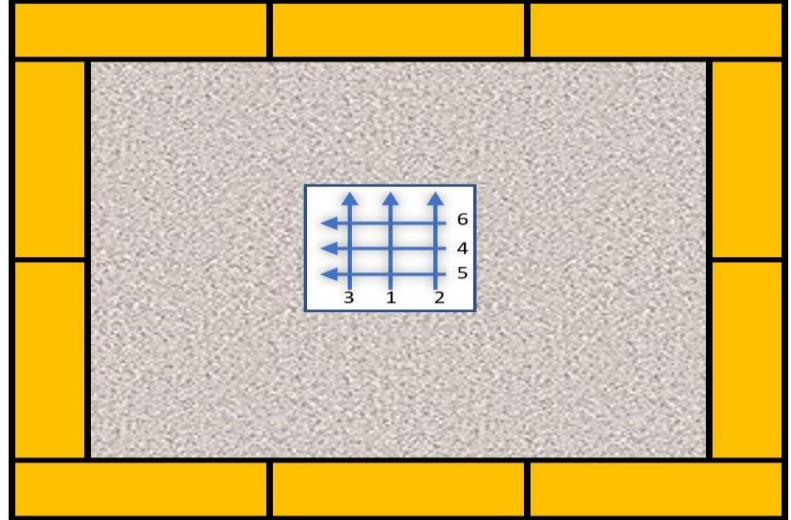
"Mama Upaatta Samastha Duritakshaya dwaaraa Sri Parameswara Anugraha Siddhyartham Laghu vidhaanena Rudra homam Karishye"

Put the akshatas in to the homa kundam

6.Agni Mukham

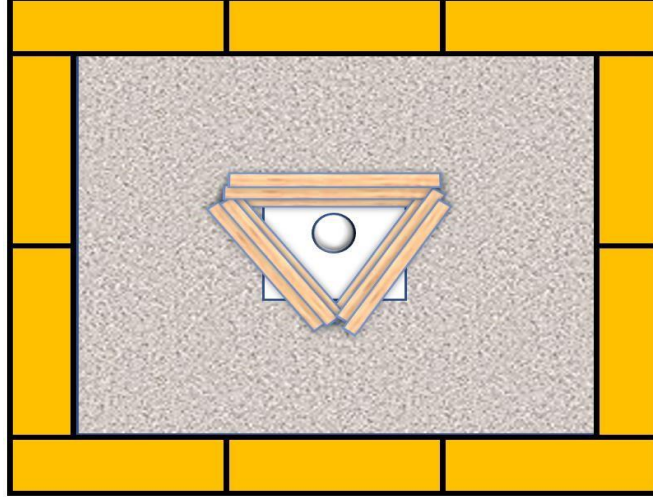
Sit facing East. Put rice powder in Homa Kunda (white color in below figure) and level it to a square Draw six lines in the square with incense stick or sacred grass in the sequence 1 to 6 and with the following six mantras

1. Om Brahmane namaha
2. Om Yamaaya namaha
3. Om Somaaya namaha
4. Om Rudraaya namaha
5. Om Vishnave namaha
6. Om Indraaya Namaha



Arrange 9 sticks or dry coconut pieces in the form of a triangle facing towards you and place a piece of camphor at the center of the triangle.

Light another camphor by reciting Gayatri mantra and place it in the center of the triangle formed by wooden sticks Maintain the fire by putting more sticks



7. Invoking Agnidevata

Hold akshatas in your hand and recite the following mantra

Agnim dootam vruṇemahe hotaaram viśvavedasam asya yajnasya sukratum raam reem room raim raum raḥa ramalavarayoom agni mamḍalaaya namaḥa agnim aavaahayaami and put the akshatas into the fire invoking fire God.

Pooja for Agni devata :

1. recite **agnidevatā preetyartham gamdham samarpayāmi** and offer sandalwood powder to fire
2. recite **agnidevatā preetyartham puṣhpam samarpayaami** and offer flower to fire
3. recite **agnidevataa preetyartham akṣhataam samarpayaami** and offer akshatas to fire
4. recite **agnidevataa preetyartham dhoopam aaghrapayaami** and offer lighted incense stick to fire
5. recite **agnidevataa preetyartham deepam darSayaami** and show light to fire
6. recite **agnidevataa preetyartham naivedyam nivedayaami** and offer dry fruits or sugar crystals
(Naivedyam) to fire

place naivedyam in a plate and sprinkle water in clockwise direction around the plate by reciting following mantra

Om Bhoor Bhuvah Suvaha Tat Savitur Varenyam Bhargo Devasya Dheemahi Dhiyo Yonah Prachodayaath OmaapojyotI rasomrutam brahma bhoorbhavasuvaram

Put a drop of water on the naivedyam and recite

Amruthamastu Amruthopastaranamasi

Sprinkle water in clockwise direction around the offering and recite the following mantra

satyamtvartena parishimchami - (if it is daytime)

Rutamva tvartena parishimchami - (if it is nighttime)

Offer the naivedyam to the Devi preferably with Mudras (video attached) reciting the mantras

Om Pranaaya Swaaha

Om Apaanaaya Swaaha

Om Vyaanaaya Swaaha

Om Udaanaaya Swaaha

Om Samaanaaya Swaaha

Om Brahmane swaha,

After Naivedyam offer drop of water on the Homa Kundam imagining you are offering water to the deity for drinking by following mantra

Madhye Madhye Paaneeyam Samrpayami

Recite the following mantra by sprinkling water in anti-clockwise direction around the plate

Amruthamastu Amruthaapidhaanamasi Uttara ouposanam samarpayaami

Hastou prakshalayami

Sprinkle water on the homa kundam imagining you are washing the hands of Agni devatha

Padau prakshalayami

Sprinkle water on the homa kundam imagining you are washing the feet of Agni devatha

Suddha aachamaneeyam samarpayami

Offer water with spoon to homa kundam imagining you are offering water to Agni devatha the deity for drinking and take it to yourself

8. Invoking Rudra

Recite the following mantra and offer akshatas to fire invoking Homa Devatha.

Om hreem houm NamahSivaaya

Rudra Parameshwaram aavaahayaami

Pooja for Homa devatha (Shiva) :

1. **Om hreem houn NamahSivaaya + Sri Rudra Parameswara preetyartham gamdham samarpayaami** and offer sandalwood powder to fire
2. **Om hreem houn NamahSivaaya + Sri Rudra Parameswara preetyartham puṣpam samarpayaami** and offer flower to fire
3. **Om hreem houn NamahSivaaya + Sri Rudra Parameswara preetyartham akṣhataam samarpayaami** and offer akshatas to fire
4. **Om hreem houn NamahSivaaya + Sri Rudra Parameswara preetyartham dhoopam aaghraapayaami** and offer lighted incense stick to fire
5. **Om hreem houn NamahSivaaya + Sri Rudra Parameswara preetyartham deepam Darsayaami** and show light to fire
6. **Om hreem houn NamahSivaaya + Sri Rudra Parameswara preetyartham naivedyam nivedayaami** and offer Naivedyam (follow the same steps as described earlier)

9. Aajya Samskaram (Purification of Ghee)

Hold two incense sticks dipping into the ghee and recite the below Mantra for 7 times

Om hreem houn NamahSivaaya

10. Main Homa:

Note: Only Offer Ghee or any ahuti (like rice puff or 108 herbs powder) only at the time of reciting Svaaha

i) 2 Offerings for Guru

Guru Brahma Gurur Vishnuhu Gururdevo Maheswaraha Guru Saakshaath Prabrahma Tasmai Sree Guravey Namaha Swaahaa

ii) 4 Offerings for Ganapathi

Om Sreem Hreem kleem gloum gam Ganapathaye varavarada sarva janam may vaSamaanaya Swaahaa swaahaa Mahaaganapathaya idam na mama

iii) 108 Offerings for Rudra

Offer ghee or ahuti dravya like Bilva Patra or cooked rice with cumin seeds and green lentils to the fire by reciting **"Om hreem houn NamahSivaaya"**

11. Poornahuti

Take 12 dry dates or any fruit or dry coconut(full) and add ghee 12 times and offer to fire reciting the following

**Itaḥ poorvam praaṇa budhdhi deha dharma adhikaarataḥ
jaagrat svapna suṣhupti avasthaaṣu
manasaa vaachaa karmaNaa hastaabhyaam padhbhyaam
udareṇa śiśnaa yonyaa yat smṛtam yaduktam
yat kṛtam tat sarvam brahmaarpaṇam bhavatu svaahaa**

Offer the balance ghee leftover in the vessel to Agni reciting the following mantra

**Poorṇamadaḥ poorṇamidam poorṇaat poorṇamudacyate
Poorṇasya poorṇamaadaaya poorṇameva avaśiṣhyate**

Do Pradikshana 3 times around the fire by chanting Gayatri Mantra.

Take a portion of the ash from the fire, mix it with a drop of ghee, apply to your forehead and to members who participated in the homam while reciting the **Om hreem houn NamahSivaaya mantram**.

Take akshatas and water into the right hand and drop into a plate reciting the following mantra

**Mantraheenam kriyaa heenam bhakti heenam śradhdhaa heenam dravya heenam
Parameshwara yatpoojitam mayaadeva paripoorṇam tadastute anayaa mayaa kṛta
ye tat homa phalena sri Rudra Parameswara Anugraha Siddhyartham sarvam sri
Rudra Parameswara ArpaNamasthu**

12. Agni udyapana

With both palms facing upwards, looking directly into the fire, recite the following mantra and at the end of the mantra show gestures of taking the energy back into you

**Hrutpadma karNikaa madhye Sivena saha SamkarIpraviSatvam
mahaadevi sarva avaranaih saha chidagnim, devataamscha, Atmani yathaasthaanam
pravesayaami**

Then with the folded hands recite the following mantra **Sobhanarthe punar aagamanaayacha**

**Om PoorNamathaha PoorNamidam PoorNaath PoorNamudachyate PoorNasya
PoorNamaadaaya PoorNamevaa Avasishyate**

OM SANTIH! OM SANTIH! OM SANTIH!